

COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH

Program Support Bureau-MHSA Implementation & Outcomes Division

SUMMARY FOR:

Individual Cognitive Behavioral Therapy (Ind CBT) Learning Network
January 28, 2016

Location:

600 S. Commonwealth Ave
6th floor Conference Room A
Los Angeles, CA 90005

Facilitator:

Ivy Levin, L.C.S.W., Psychiatric Social Worker II

Practice Lead:

Urmi Patel, Psy.D., Mental Health Clinical Program Manager I

Participants:

Michelle Bilotta-Smith, Amanecer CCS
Ivy Levin, MHSA Implementation & Outcomes
George Eckart, MHSA Implementation & Outcomes
Abby Chappell, Edelman MHC
Gina Leggio, Optimist Youth Homes

Urmi Patel, DMH- ASOC
Alex Silva, MHSA Implementation & Outcomes
Linda Shing, Exceptional Children's Foundation
Lucian Song, Long Beach API
Bridget Womelduff, Childnet Youth & Family

I. Welcome and Introductions

Participants briefly introduced themselves.

II. Review of Reports

- Aggregate reports
- Individual provider reports

I. Levin walked attendees through a power point presentation that illustrated the reports that were in their data packets. She reviewed and explained the usefulness of each report. A. Silva reported upgrade to the Compliance Stats Report that enables providers to see clients claimed to a specific practice that they've never entered data into PEI OMA for. The previous report only displayed clients claimed to a practice, if they had a treatment cycle opened in the PEI OMA.

III. Updates

U. Patel reported that the Westside Regional Center hosted a three day training relating to CBT and working with their specific population. She reported that DMH is offering CBT training and that it is open to any provider interested in providing Ind. CBT in any funding plan. The caveat is that staff must go through the entire training protocol. U. Patel reported many clinicians that have completed the



initial 3-day training go on and get certified through the Academy. The clinical champion training is tentatively scheduled to be rolled-out in the Spring 2016. The goal is to have 150 staff trained as clinical champions in Los Angeles County. Clinical Champions will be able to review case write-ups and provide consultation. U. Patel reported that the clinical champion training will involve a 10-15 week commitment. She encouraged directly operated staff that have been through the 3-day training to get certified because it's free and it would be an asset to have on their curriculum vitae.

U. Patel asked attendees if they were providing Ind. CBT in other funding plans and how they were identifying clients that would be suitable for the practice. A discussion ensued with mixed responses. U. Patel asked attendees that aside from getting practice updates what other reasons were there of attending the learning network. Attendees did not have much to say.

A. Silva and I. Levin answered some outcomes related questions such as when will IBHIS and IS be integrated so as to enter outcome data into PEI OMA. A. Silva reported that this would be the next project that CIOB and PEI Outcomes would be focused on, but due to the complexity of the task a completion date was not provided.

IV. Open Forum

Providers had data questions related to the reports that were in their packets such as; "Why didn't the number of clients in the demographic report add up to the number of clients in the detailed summary report?" A. Silva/I. Levin explained that those two reports are generated by two different databases which are refreshed at different times; therefore the numbers of clients would be slightly different from one report to another.

V. Next PPLN Meeting

TBD