

COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH

Program Support Bureau-MHSA Implementation & Outcomes Division

SUMMARY FOR: Incredible Years (IY) Learning Network June 9, 2016

Location:

600 S. Commonwealth Ave
6th floor Conference Room A
Los Angeles, CA 90005

Facilitator:

Frances Pavon-Lara, MPA, Mental Health Services Coordinator II

Practice Lead:

Allegra Klacsmann, Ph.D., Clinical Psychologist II, CSOC

Participants:

Jacqueline Camacho-Gutierrez, Hillside
Gabriel Cohen, Starview
Muriel Cormier, PEI Administration
Josh Cornell, MHSA Implementation & Outcomes
George Eckart, MHSA Implementation & Outcomes
Amanda Gentz, Hathaway-Sycamores
Jane Kang, PEI Administration
Marta Lear, Pathways
Susie Lee, VIP-CMHC
Ivy Levin, MHSA Implementation & Outcomes
Luis Lopez, Children's Institute

Casey Meinster, Hathaway-Sycamores
Micah Orless, CHLA
Melissa Pace, Foothill Family Services
Rocio Parra, The Whole Child
Katia Perez, VIP-CMHC
Denise Resendez, SSG
Alex Silva, MHSA Implementation & Outcomes
Rudy Soto, Amanecer
Malia Thorpe, VIP-CMHC
Erica Villalpardo, Hillside

I. Welcome and Introductions

F. Pavon-Lara and A. Klacsmann welcomed participants and facilitated introductions.

II. Updates since previous PPLN

F. Pavon-Lara reviewed topics discussed at the previous IY LN: the IY Survey, how to count sessions when the client attends IY group while parent/caregiver attends IY Parent, and stated that the topics will be addressed during the course of the meeting.

III. Review of Reports

- Review of available reports
- How is data being shared with clinical staff and clients?
- How is the data being utilized?
- What data/information may be helpful in future meetings?
- Hot tips or new strategies being utilized to integrate outcomes into clinical practice



G. Eckart presented "A Closer Look." He encouraged participants to take data presented with "a big grain of salt," because sample sizes are very small. Presentation included: 1) exploring the "drop out" rate, showing how to calculate dropout rate using the Compliance Report, 2) an article, "Early Withdrawal from Mental Health Treatment", by Barrett, M. S. (2008) that argued calculating dropout rates is difficult, with studies finding dropout rates after the first session range from 20 – 57% and about 65% of clients dropout by session 10. G. Eckart noted how problematic 65% of clients dropping out by session 10 may be since studies on EBPs often show it takes 11-13 sessions for half the clients in treatment to be considered "recovered," 3) top 5 dropout reasons with about 71.5% "withdrew," a participant commented, it's hard to conclude anything because "withdrew" isn't specific enough to identify areas for improvement, 4) dropout rate graphs by number of sessions and IY dropout rate compared with dropout rates of other practices with the same focus, a participant speculated dropout rates across treatments may vary due to practices' modality (group, family, etc.), model flexibility, session length, and treatment duration, 5) graphs of cumulative number of clients completing treatment by number of sessions for all clients in IY and then broken down by ethnicity, 6) graphs comparing average outcome measure scores at pre and post treatment for dropouts vs "completers," 7) discussion of potential barriers to completing treatment and proposed solutions.

V. Implementation of IY

- Jane Kang and Muriel Cormier, PEI Administration

J. Kang and M. Cormier presented a revised PEI EBP Matrix, date June 1, 2016 and IY Comparison Chart. A. Klacsmann polled how many sessions IY basic usually goes with most reporting 18-20.

VI. IY Session Count

A Klacsmann stated, for the purpose of determining the session count for PEI OMA, to count as one session, when the child attends an IY Dina Dinosaur group and the parent(s) attends an IY Parent group in the same week. A. Silva informed participants session count can be edited in PEI OMA.

VII. IY Survey

A. Klacsmann presented the IY Survey that will be emailed to IY providers. The survey results will be used to help agencies better coordinate referrals.

VII. Open Forum

- IY Protocol Questions

A participant asked if it's true that a maximum of 10 consumers can attend an IY Parent group session and A. Klacsmann stated she didn't know and would follow-up with the developer. A Klacsmann then stated, to achieve model fidelity for children's groups (IY Dina) there should be 5-6 client and at least two therapists. M. Orliiss shared that to be certified in IY Dina, the developer will ask for a video of the therapist leading an IY Dina Group with 5-6 members in the group.

M. Orliiss from CHLA announced CHLA will soon host IY Dina Dinosaur Trainings, Parent Trainings, and Consultation Days and anyone interested in attending should email him, morliiss@chla.esc.edu.

VIII. Next PPLN Meeting

- Future agenda items

F. Pavon-Lara encouraged participants to email topics of conversation for the next LN. Date/time of the next IY LN TBA.