

**COUNTY OF LOS ANGELES – DEPARTMENT OF MENTAL HEALTH  
PROGRAM SUPPORT BUREAU – MHSA IMPLEMENTATION AND OUTCOMES DIVISION**



**Prevention & Early Intervention: Seeking Safety  
Countywide Aggregate Practice Outcomes Dashboard Report  
Outcome Data Submission through August 15, 2016**



**Participating Legal Entities Include:**

ALCOTT CENTER FOR MENTAL HEALTH	HELPLINE YOUTH COUNSELING INC	STIRLING ACADEMY INC
ALMA FAMILY SERVICES	HERITAGE CLINIC	SUNBRIDGE HARBOR VIEW REHAB CTR
AMANECER COMMUNITY COUNSELING SRVC	HILLSIDES	TARZANA TREATMENT CENTERS INC
BARBOUR AND FLOYD MEDCL ASSOCIATES	HILLVIEW MENTAL HEALTH CENTER INC	TELECARE CORPORATION
BIENVENIDOS CHILDRENS CENTER INC	IMCES INC	TESSIE CLEVELAND COMM SRVC CORP
BRIDGES INC	INS FOR RDSGN OF LEARN DBA ALMANSOR	THE GUIDANCE CENTER
CA HISPANIC COMMISSION A D ABUSE	JEWISH FAMILY SERVICE OF LOSANGELES	THE HELP GROUP CHILD AND FAMILY CTR
CHILD AND FAMILY CENTER	KOREAN AMERICAN FAMILY SRV CTR	THE VILLAGE FAMILY SERVICES
CHILD AND FAMILY GUIDANCE CENTER	LEROY HAYNES CTR C AND F SERV INC	TOBINWORLD
CHILDRENS CENTER OF ANTELOPE VALLEY	LOS ANGELES CHILD GUIDANCE	TRINITY YOUTH SERVICES
CHILDRENS HOSPITAL OF LOS ANGELES	LOS ANGELES UNIFIED SCHOOL DISTRICT	UNITED AMERICAN INDIAN INVOLVEMENT
CHILDRENS INSTITUTE INC	MARYVALE	VIP COMMUNITY MENTAL HEALTH CTR INC
COUNSELING N RESRCH ASC DBA MASADA	MCKINLEY CHILDRENS CENTER	VISTA DEL MAR CHILD AND FAMILY SVC
COUNSELING4KIDS	MENTAL HEALTH AMERICA OF LA	WHOLE CHILD MENTAL HLTH HOUSE SERV
CRITTENTON SERV FOR CHILD AND FAMILY	OLIVE CREST	<b>L.A. COUNTY DMH</b>
D VEAL FAMILY AND YOUTH SVC	OPTIMIST YOUTH HOMES DBA BOYS HOME	AMERICAN INDIAN COUNSELING
DAVID AND MARGARET HOME INC	PACIFIC ASIAN COUN SVS	ARCADIA MHS
DIDI HIRSCH PSYCHIATRIC SERVICE	PACIFIC CLINICS	AUGUSTUS F HAWKINS FAMILY
DIGNITY HEALTH DBA CAL HOSP MED CTR	PACIFIC LODGE YOUTH SERVICES	COASTAL API FAMILY MHC
DREW CHILD DEVELOPMENT CORPORATION	PASADENA UNIFIED SCHOOL DISTRICT	COMPTON FAMILY MHS
EGGLESTON YOUTH CENTERS INC	PATHWAYS COMMUNITY SERVICES LLC	DOWNTOWN MENTAL HEALTH
EISNER PEDIATRIC FAMILY CTR	PENNY LANE CENTERS	EDMUND D. EDELMAN WESTSIDE
EL CENTRO DE AMISTAD INC	PHOENIX HOUSE OF LOS ANGELES INC	HARBOR-UCLA
EL CENTRO DEL PUEBLO INC	PROVIDENCE SAINT JOHNS HLTH CTR	JUV JUS TRANSITION AFTERCARE
ENKI HEALTH AND RESEARCH SYSTEMS	ROSEMARY CHILDRENS SERVICES	LONG BEACH API FAMILY MHC
ETTIE LEE HOMES, INC.	SAN FERNANDO VALLEY COMMUNITY MHC	LONG BEACH CHILD ADOLESCENT
EXCEPTIONAL CHILDRENS FOUNDATION	SAN GABRIEL CHILDRENS CENTER INC	LONG BEACH MHS ADULT CLINIC
FAMILIES FIRST INC	SHIELDS FOR FAMILIES	NORTHEAST MENTAL HEALTH
FIVE ACRES	SOCIAL MODEL RECOVERY SYSTEMS	RIO HONDO COMMUNITY MHC
FOOTHILL FAMILY SERVICE	SOUTH CENTRAL HEALTH AND REHAB PROGRAM	SAN FERNANDO MENTAL HEALTH
FOR THE CHILD INC	SPECIAL SERVICE FOR GROUPS	SAN PEDRO MENTAL HEALTH
GATEWAYS HOSPITAL AND MENTAL HEALTH	SPIRITT FAMILY SERVICES	SOUTH BAY MHS
HAMBURGER HOME DBA AVIVA CENTER	ST ANNES	TIES FOR FAMILIES
HATHAWAY SYCAMORES CHILD FAM SRVCS	ST JOSEPH CENTER	WEST CENTRAL FAMILY MHS

**Agencies submitting outcomes that are not approved to provide Seeking Safety by PEI Administration:**

ASIAN AMERICAN DRUG ABUSE PROGRAM	<b>L.A. COUNTY DMH</b>
KEDREN COMMUNITY MENTAL HEALTH CTR	ANTELOPE VALLEY MHC
NEW DIRECTIONS INCORPORATED	HOLLYWOOD MENTAL HEALTH
VENICE FAMILY CLINIC	

Table 1. Seeking Safety Status since inception to August 15, 2016						
# of Clients Claimed to Practice	# of Clients entered into PEI OMA	# of Tx cycles in PEI OMA	Clients with Multiple Tx Cycles	Clients Completing Tx	Clients Dropping-Out of Tx	Clients Still in Tx
23436	61.57%	15546	6.91%	29.76%	44.65%	25.59%
n=	14430	n=	997	4626	6941	3978

Note 1: Clients claimed was based on Seeking Safety being selected as the EBP in a PEI Plan and having  $\geq 2$  core services claimed to the practice.

Note 2: Number of clients Completing Tx or Dropping-Out of Tx was determined by whether the EBP was said to be completed (e.g. answered “yes” or “no”) in the PEI OMA.

Table 2. Client Demographics - Clients Who Entered Seeking Safety												
Total Number of Clients	Age	Gender			Ethnicity					Primary Language		
	Average	Female	Male	Unknown	African-American	Asian / Pacific Islander	Caucasian	Hispanic / Latino	Other	English	Spanish	Other
14430	22	51.88%	48.07%	0.05%	19.07%	2.20%	11.86%	60.92%	5.94%	76.72%	20.42%	2.86%
n=	7487	6936	7	2752	318	1712	8791	857	11071	2947	412	

Note1: Age is calculated at the date of the first EBP.

Note2: Percentages may not total 100 due to missing data and/or rounding.

Table 3. Program Process Data - Clients Who Entered Seeking Safety			
Outcome Measures Administered	Pre-Test with Scores	Post-test with Scores	Clients Who Completed both a Pre and Post Measure with Scores
UCLA PTSD-RI – Parent	34.37%	17.16%	6.34%
	n= 3622	1300	668
	Ackn= 10538	7576	10538
UCLA PTSD-RI - Child/Adolescent	62.88%	29.19%	12.53%
	n= 7021	2329	1399
	Ackn= 11166	7978	11166
PTSD – Adult Measures	62.57%	26.33%	11.14%
	n= 2370	613	422
	Ackn= 3788	2328	3788
Youth Outcome Questionnaire - 2.01 (Parent)	47.55%	22.91%	8.51%
	n= 4699	1628	841
	Ackn= 9883	7107	9883
Youth Outcome Questionnaire – Self Report – 2.0 (YOQ-SR)	74.70%	35.94%	16.08%
	n= 7900	2691	1701
	Ackn= 10576	7487	10576
Outcome Questionnaire - 45.2	76.80%	36.24%	15.16%
	n= 3410	974	673
	Ackn= 4440	2688	4440

Note 1: Number of acknowledged measures (Ackn=) is determined by the number of required measures that receive a score or an unable to collect reason code.

Note 2: The % indicated for Pre-test with scores, Post-test with scores, and both a Pre and Post-test with scores is calculated by dividing the (n=#) by the number acknowledged (Ackn=#) in the PEI OMA system for each measure. The number acknowledged (Ackn=#) for those with Pre and Post scores is an estimate based on the greatest number of matches that could be expected given the number of Pre scores acknowledged.

Table 4a. Top Reasons Given for "Unable to Collect"

<b>UCLA PTSD-RI - Parent</b>	<b>Total Pre</b> 6678	Parent/care provider unavailable	Administration date exceeds acceptable range	Parent/care provider refused	Outcome measure unavailable	Invalid outcome measure	Other Reasons
	Percent	55.42%	14.14%	6.84%	6.32%	4.54%	12.74%
	n	3701	944	457	422	303	851
	<b>Total Post</b> 6144	Parent/care provider unavailable	Premature termination	Lost contact with parent/care provider	Parent/care provider refused	Administration date exceeds acceptable range	Other Reasons
	Percent	49.66%	19.65%	7.08%	5.96%	5.22%	12.43%
	n	3051	1207	435	366	321	764

Table 4b. Top Reasons Given for "Unable to Collect"

<b>UCLA PTSD-RI - Child/Adolescent</b>	<b>Total Pre</b> 3972	Administration date exceeds acceptable range	Client refused	Client unavailable	Outcome measure unavailable	Clinician not trained in outcome measure	Other Reasons
	Percent	26.28%	22.73%	14.65%	10.62%	7.28%	18.43%
	n	1044	903	582	422	289	732
	<b>Total Post</b> 5529	Client unavailable	Premature termination	Client refused	Lost contact with client	Administration date exceeds acceptable range	Other Reasons
	Percent	27.53%	27.53%	13.31%	10.53%	7.65%	13.46%
	n	1522	1522	736	582	423	744

Table 4c. Top Reasons Given for "Unable to Collect"

<b>UCLA PTSD-RI - Adult</b>	<b>Total Pre</b> 1356	Not available in primary language	Clinician not trained in outcome measure	Outcome measure unavailable	Client refused	Administration date exceeds acceptable range	Other Reasons
	Percent	33.55%	15.19%	14.09%	9.66%	9.59%	17.92%
	n	455	206	191	131	130	243
	<b>Total Post</b> 1664	Client unavailable	Not available in primary language	Lost contact with client	Premature termination	Client refused	Other Reasons
	Percent	21.88%	17.43%	17.19%	16.35%	10.82%	16.35%
	n	364	290	286	272	180	272

Table 4d. Top Reasons Given for "Unable to Collect"

Youth Outcome Questionnaire - 2.01 (Parent)	Total Pre 5178	Parent/care provider unavailable	Administration date exceeds acceptable range	Parent/care provider refused	Outcome measure unavailable	Therapist did not administer tool	Other Reasons
	Percent	59.91%	16.76%	6.33%	4.46%	3.36%	9.17%
	n	3102	868	328	231	174	475
	Total Post 5478	Parent/care provider unavailable	Premature termination	Lost contact with parent/care provider	Administration date exceeds acceptable range	Parent/care provider refused	Other Reasons
	Percent	51.48%	21.52%	7.21%	5.75%	5.68%	8.36%
	n	2820	1179	395	315	311	458

Table 4e. Top Reasons Given for "Unable to Collect"

Youth Outcome Questionnaire Self Report – 2.0 (YOQ-SR)	Total Pre 2673	Administration date exceeds acceptable range	Client refused	Client unavailable	Outcome measure unavailable	Clinician not trained in outcome measure	Other Reasons
	Percent	34.19%	22.07%	13.06%	9.99%	5.76%	14.93%
	n	914	590	349	267	154	399
	Total Post 4792	Premature termination	Client unavailable	Client refused	Lost contact with client	Administration date exceeds acceptable range	Other Reasons
	Percent	31.11%	29.09%	11.48%	11.06%	7.80%	9.45%
	n	1491	1394	550	530	374	453

Table 4f. Top Reasons Given for "Unable to Collect"

Outcome Questionnaire – 45.2	Total Pre 1029	Outcome measure unavailable	Administration date exceeds acceptable range	Not available in primary language	Client refused	Client unavailable	Other Reasons
	Percent	19.24%	18.46%	12.93%	11.47%	10.79%	27.11%
	n	198	190	133	118	111	279
	Total Post 1713	Client unavailable	Premature termination	Lost contact with client	Client refused	Not available in primary language	Other Reasons
	Percent	27.55%	20.90%	20.72%	11.44%	5.08%	14.30%
	n	472	358	355	196	87	245

**Table 5. Service Delivery Data – Clients Who Completed Seeking Safety**

Total Treatment Cycles 4721	Average Length of Treatment in Weeks	Range of Treatment Weeks		Average Number of Sessions	Range of Sessions	
	34	Min 0	Max 260	36	Min 1	Max 745

**Table 6. Outcome Data\* – Clients who Completed Seeking Safety**

		Percent Improvement from Pre to Post	Percent of Clients Showing Reliable Change* from Pre-SS to Post-SS		
			Positive Change	No Change	Negative Change
UCLA PTSD-RI - Parent	TOTAL	33.68% (n=658)	23.71%	71.73%	4.56%
			156	472	30
UCLA PTSD-RI - Child/Adolescent	TOTAL	29.89% (n=1384)	27.38%	66.26%	6.36%
			379	917	88
UCLA PTSD-RI - Adult	TOTAL	29.16% (n=419)	34.61%	62.29%	3.10%
			145	261	13
Youth Outcome Questionnaire (YOQ) - 2.01 (Parent)	TOTAL	34.83% (n=841)	56.12%	32.22%	11.65%
			472	271	98
Youth Outcome Questionnaire - Self Report - 2.0 (YOQ-SR)	TOTAL	31.96% (n=1701)	44.15%	45.62%	10.23%
			751	776	174
Outcome Questionnaire – 45.2	TOTAL	30.57% (n=673)	54.68%	40.42%	4.90%
			368	272	33

\*Please see Appendix A. for a description of the Seeking Safety outcome measures and the outcome indicators (percent improvement in average scores; and, percent of clients showing reliable change).

Note1: Possible PTSD-RI range from 0-68, with a clinical cutpoint of 38.

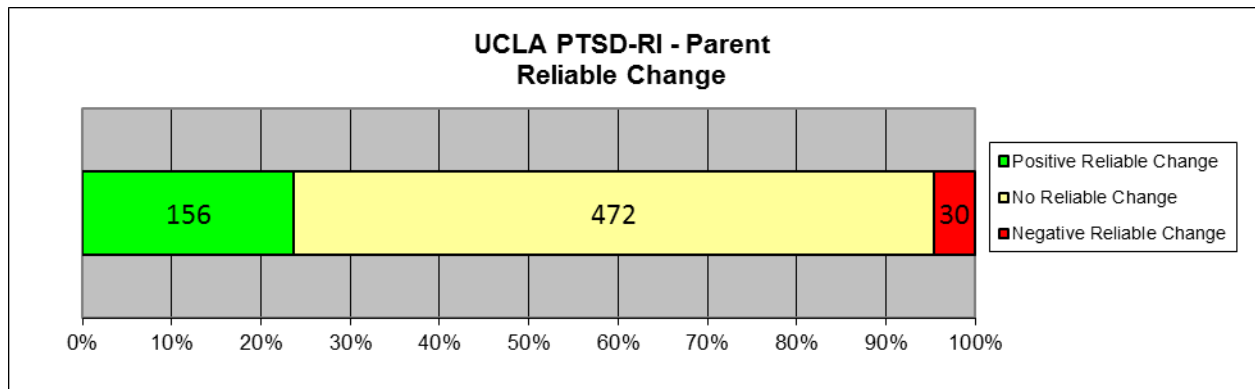
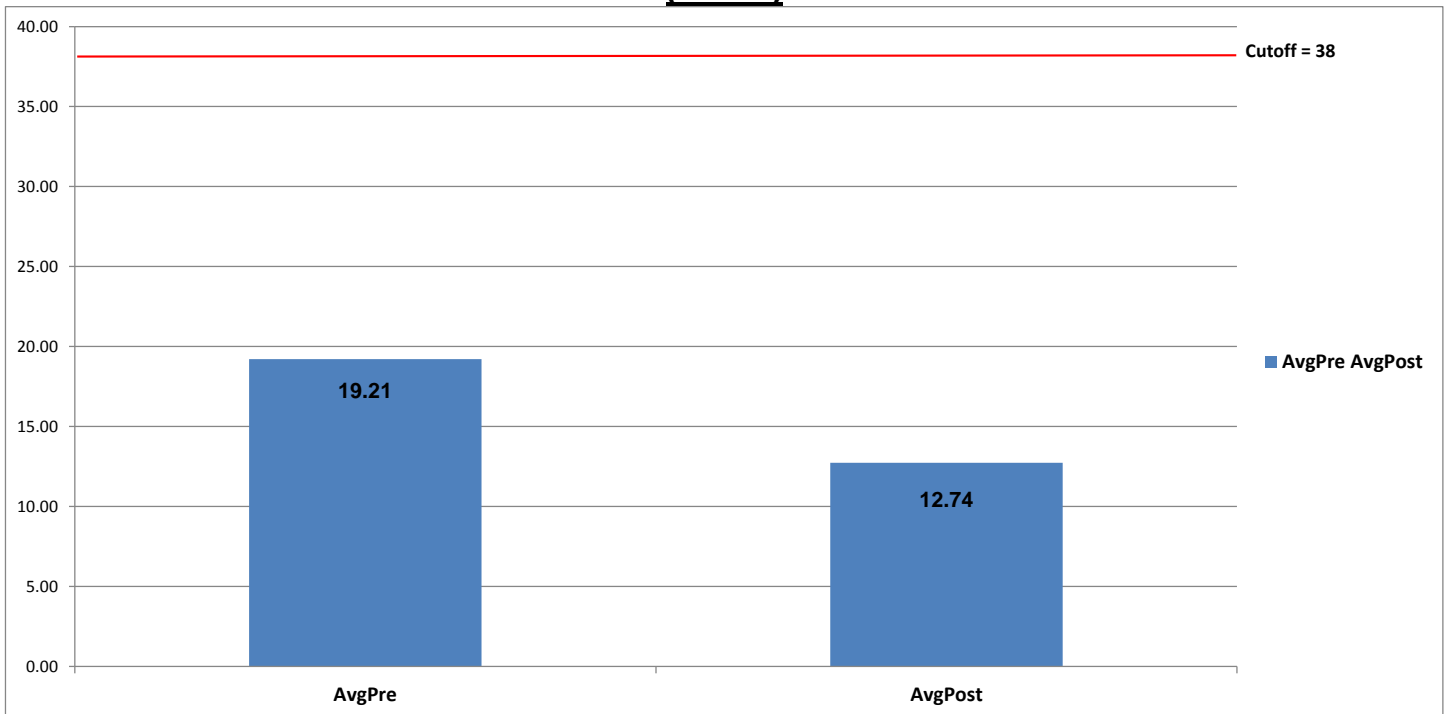
Note2: Possible YOQ Total Scores range from -16-240, with a clinical cutpoint of 46.

Note3: Possible YOQ-SR Total Scores range from -16-240, with a clinical cutpoint of 47.

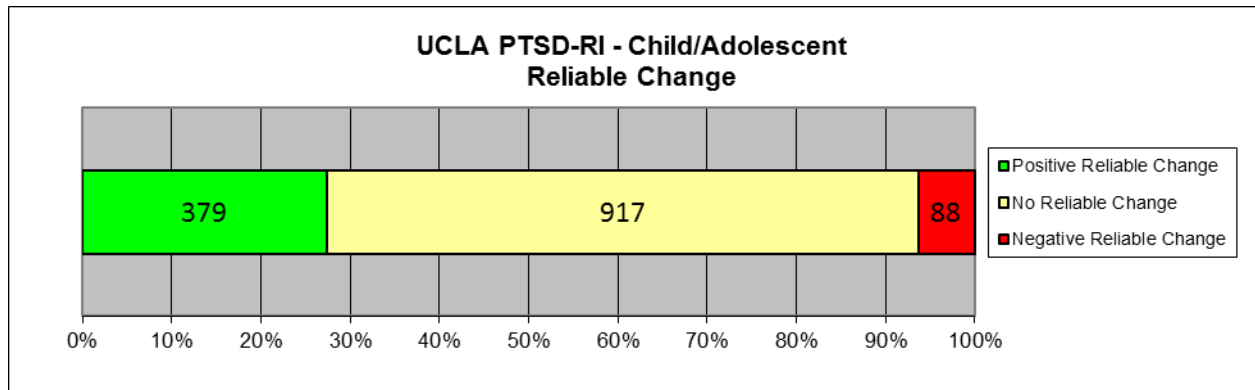
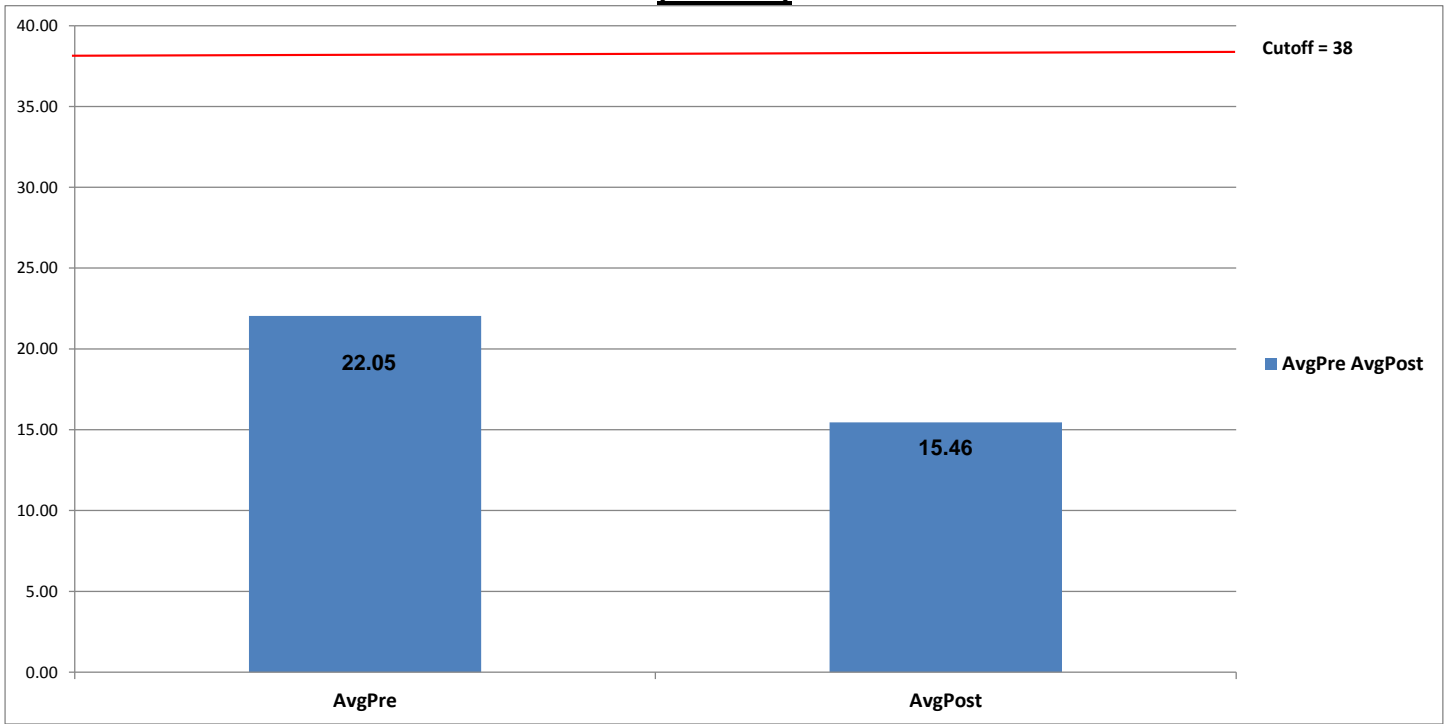
Note4: Possible OQ Total Scores range from 0-180, with a clinical cutpoint of 64.

Note5: Positive Change indicates that the scores decreased from the pre to the post measures.

## UCLA PTSD RI – Parent (N=658)

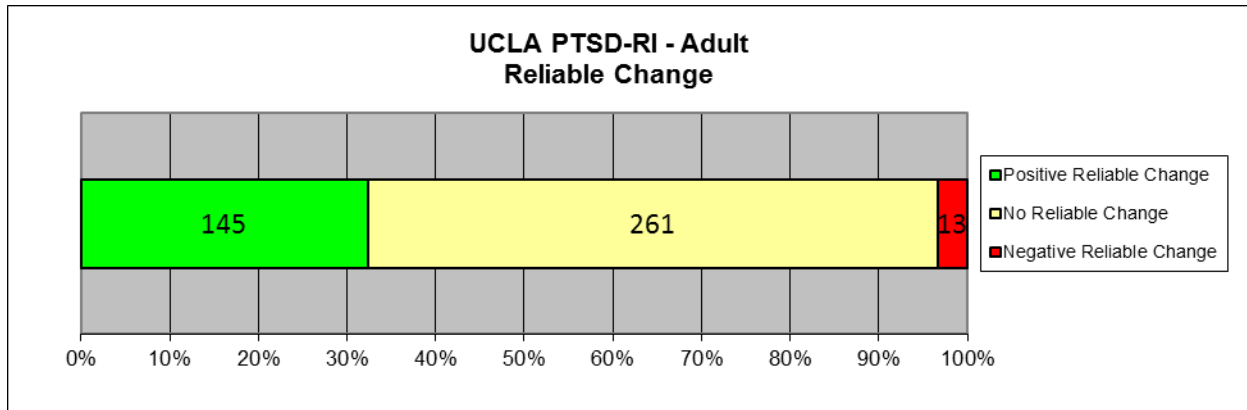
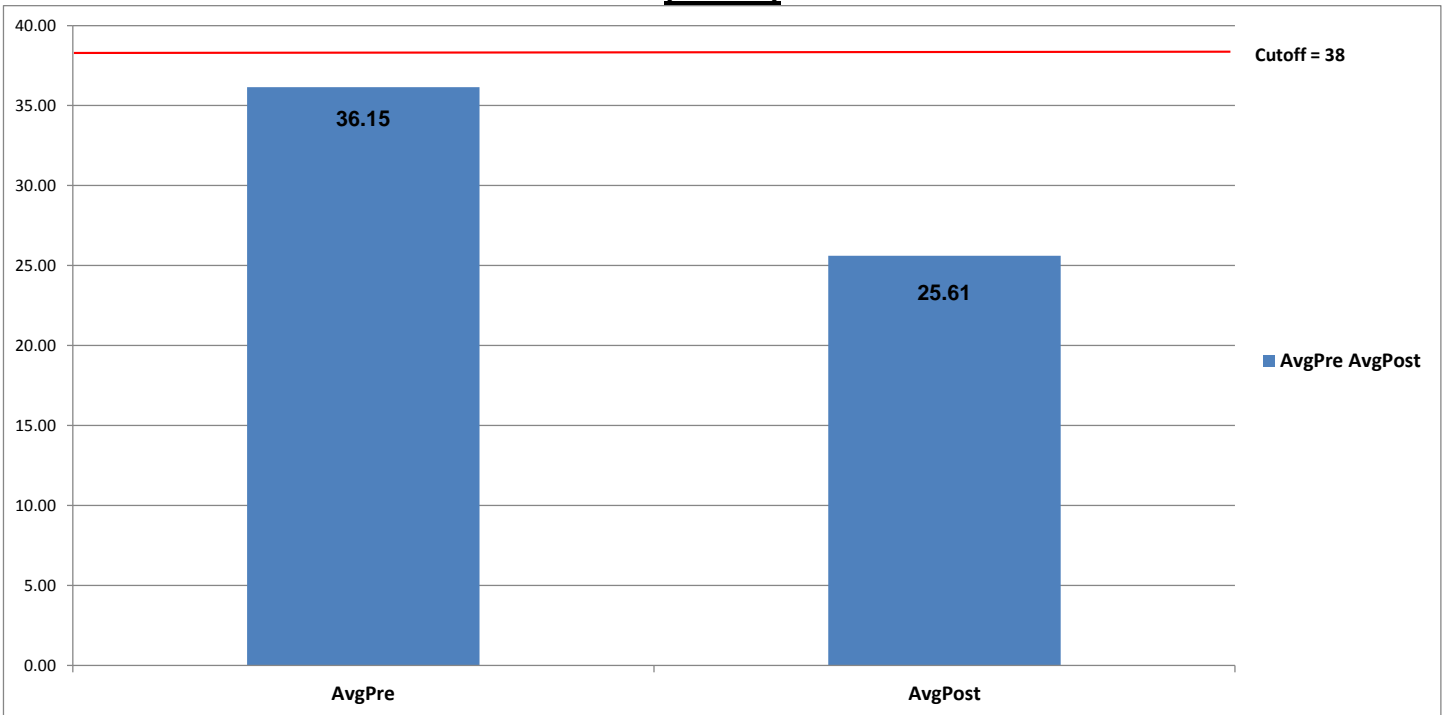


**UCLA PTSD RI – Child/Adolescent**  
**(N=1384)**

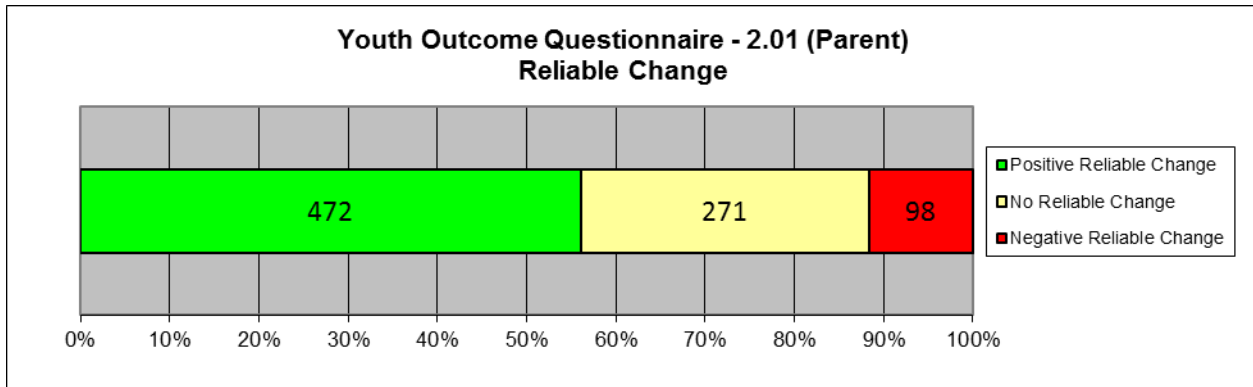
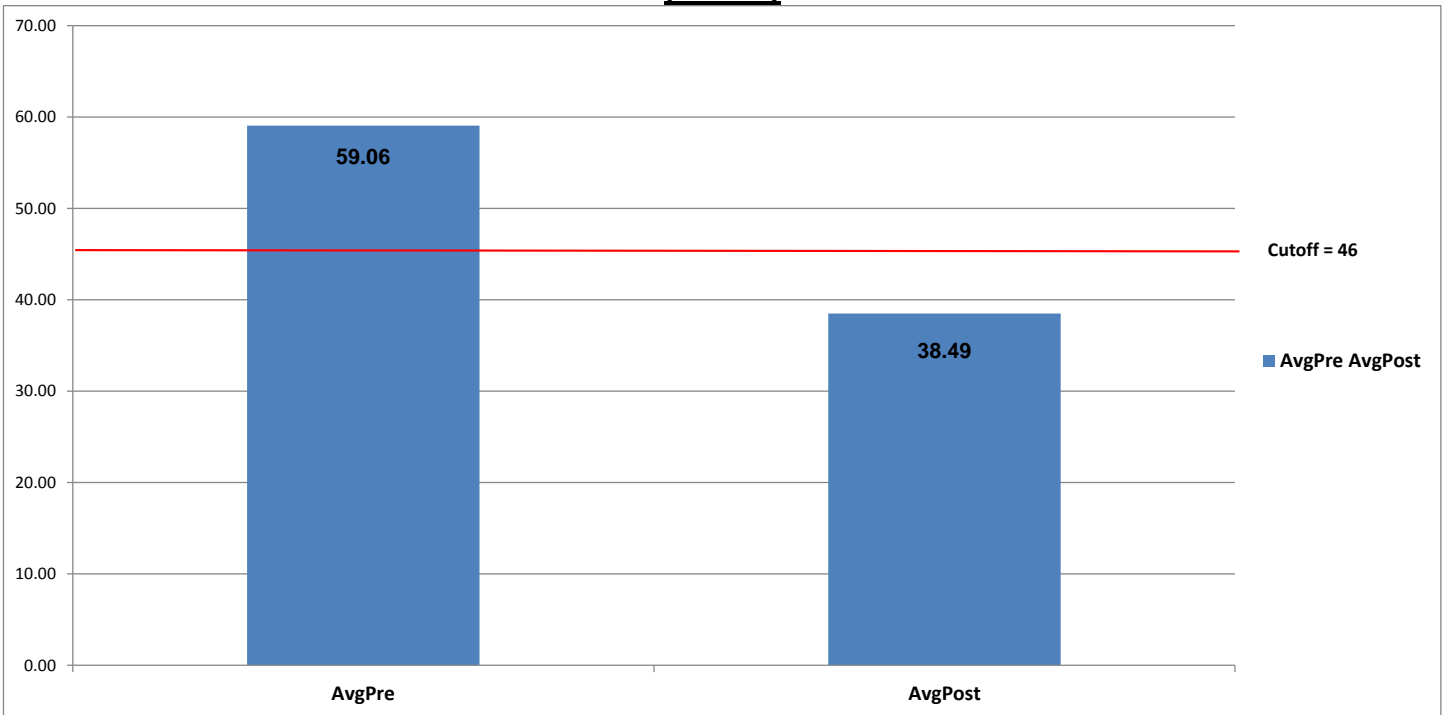




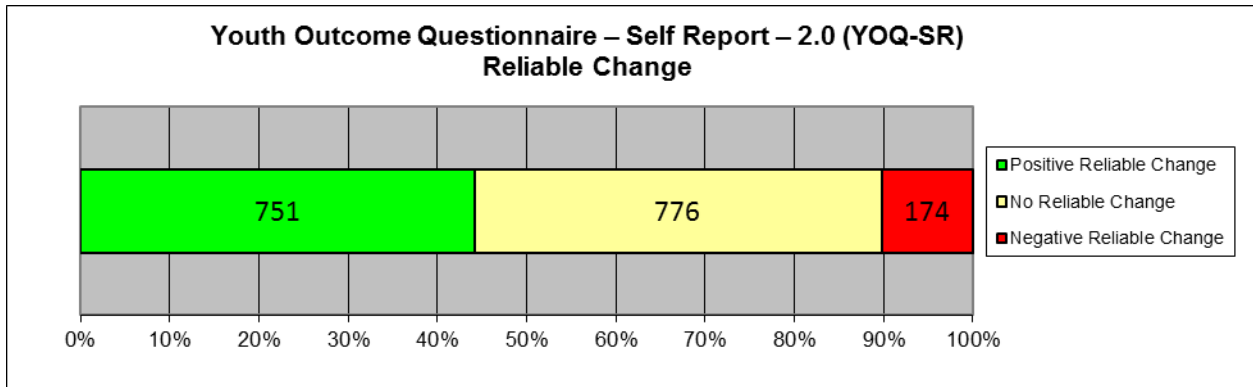
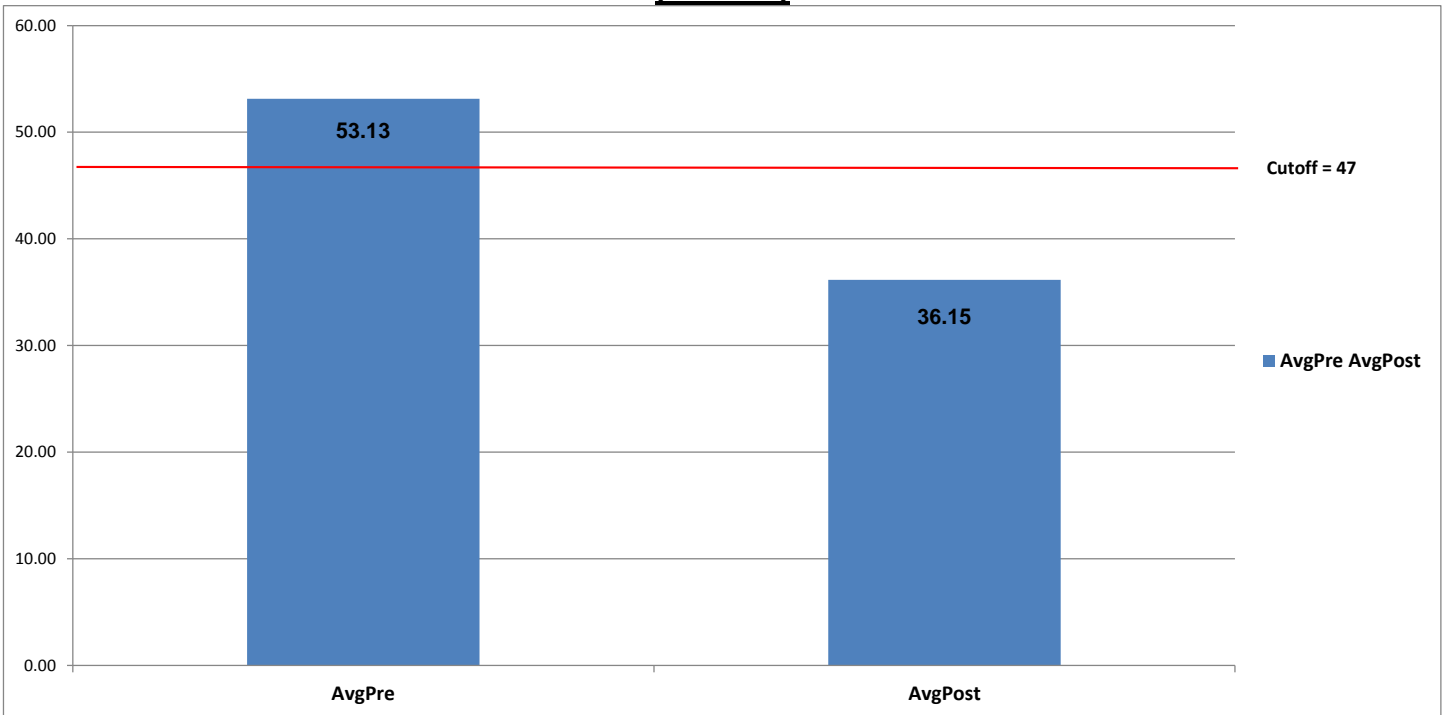
### UCLA PTSD-RI – Adult (N=419)



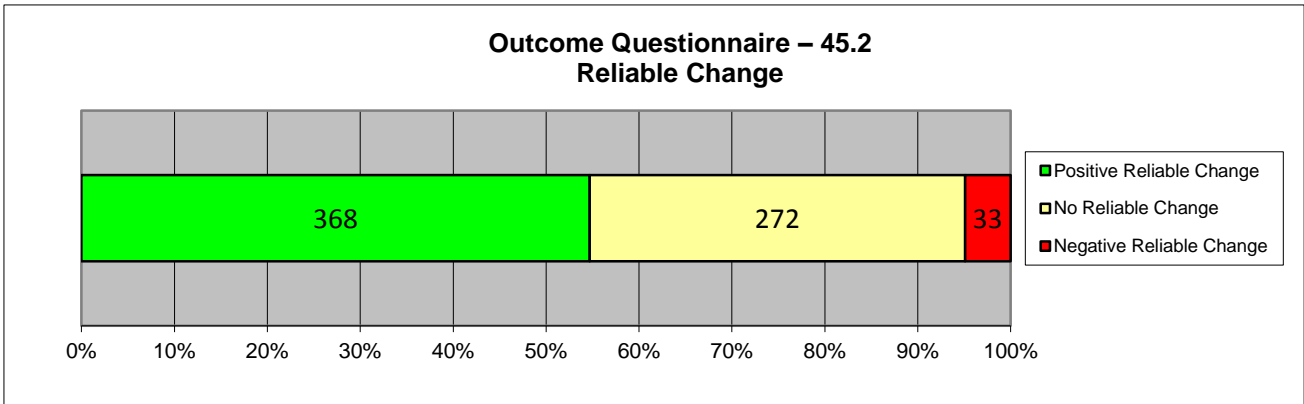
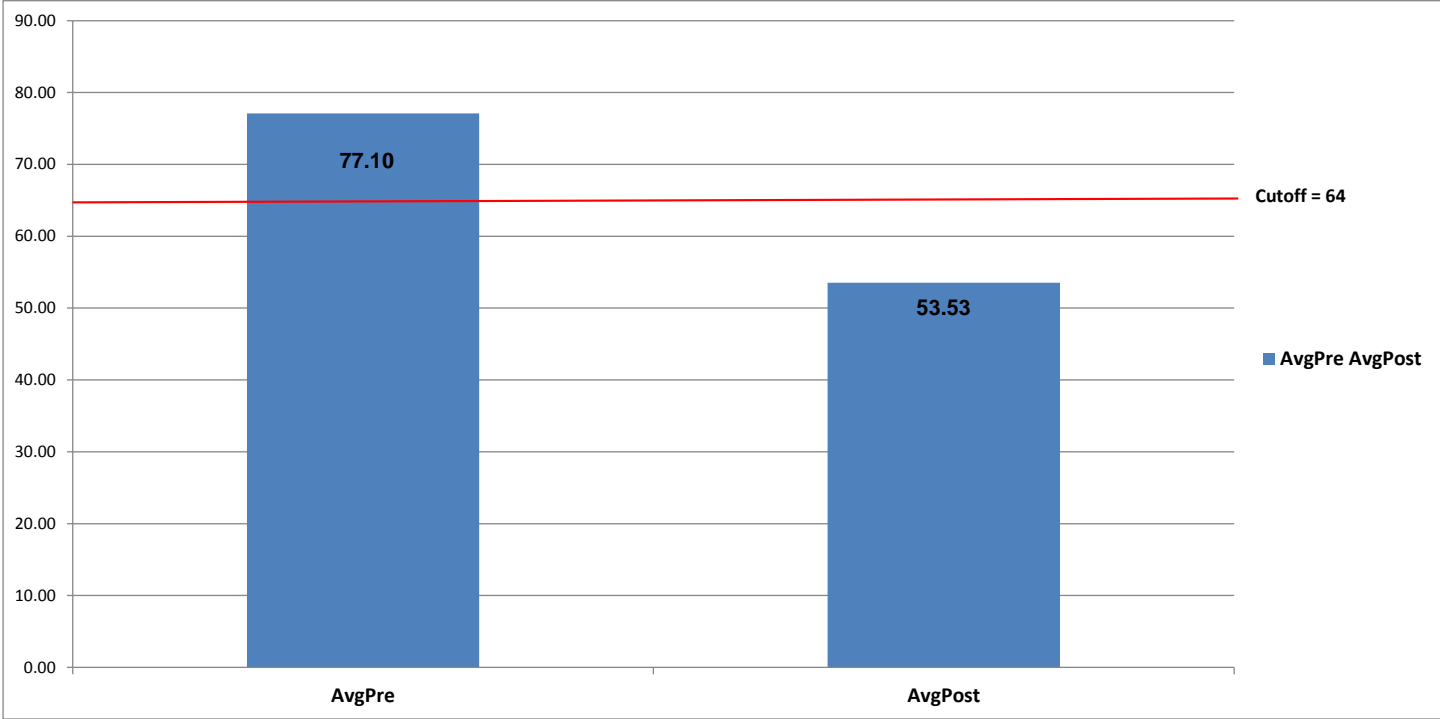
**Youth Outcome Questionnaire (YOQ) – 2.01 (Parent)**  
**(N=841)**



**Youth Outcome Questionnaire – Self Report – 2.0 (YOQ-SR)**  
**(N=1701)**



**Outcome Questionnaire-45.2**  
**(N=673)**



## Appendix

### Youth Outcomes Questionnaires (YOQ and YOQ-SR)

The Youth Outcome Questionnaire is a 64-item parent-report that assesses global distress in a child's/adolescent's life from 4-17 years of age. The YOQ-SR is the Self-report version of the YOQ and is completed by the child/adolescent. Total scores on both measures can range from -16 to 240. Total scores of 46 or higher are most similar to a clinical population on the YOQ. A total score of 47 is most similar to that of a clinical population on the YOQ-SR.

### Outcomes Questionnaires (OQ)

The Outcome Questionnaire is a 45-item self-report that assesses global distress in a client's life from ages 19 and older. Total Scores on this measure can range from 0 to 180, with scores of 64 or higher indicating clinical significance.

### Post-Traumatic Stress Disorder Reaction Index (PTSD-RI)

The UCLA Post-Traumatic Stress Disorder Reaction Index (PTSD-RI) is a brief (21 or 22-item measure depending on the version) that measures the frequency of occurrence of post-traumatic stress disorder symptoms during the month prior to the assessment. The Child/Adolescent Version is appropriate for clients age 6-20. The Parent Version is appropriate for clients age 3-18. The Adult Short-form is appropriate for clients age 21+.

Possible Total PTSD Severity Scores range from 0-68; and scores of 38 or higher have the greatest sensitivity and specificity for detecting PTSD.

### Reliable Change Index (RCI)

When comparing Pre and Post scores, it is very helpful to know whether the change reported represents the real effects of the treatment or errors in the system of measurement. The Reliability of Change Index (RCI) is a statistical way of helping to insure that the change recorded between pre and post assessments exceeds that which would be expected on the basis of measurement error alone. The RCI has been calculated using the Jacobson and Truax (1991) method and indicates when change exceeds that which would be expected on the basis of error at the  $p < .05$  probability level. For a more in-depth discussion of Reliability of Change see Jacobson, N. S., & Truax, P. (1991). Clinical Significance: A statistical approach to defining meaningful change in psychotherapy research. *Journal of Consulting and Clinical Psychology*, 59, 12-19. Also see Wise, E. A. (2004). Methods for analyzing psychotherapy outcomes: A review of clinical significance, reliable change, and recommendations for future directions. *Journal of Personality Assessment*, 82(1), 50-59.

The number and percent of clients experiencing positive change, no change and negative change are recorded in table 7. Healthful change in each of the measures cited here means that scores have decreased in value from pre to post test administrations (i.e. recorded a negative change on the RCI). To help avoid confusion, healthful reliable change is presented as positive while unhealthful reliable change is presented as negative change.

The Reliable Change analysis for the PTSD-RI Adult Short-Form used the same Cronbach Alpha score found in the other PTSD-RI versions.