

COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH Program Support Bureau-MHSA Implementation & Outcomes Division

SUMMARY FOR: Seeking Safety Learning Network March 9, 2017

Location:

L.A. Child Guidance Clinic
3787 South Vermont Avenue
Los Angeles, CA 90007

Facilitator:

Joshua Cornell, PsyD, MHSA Implementation and Outcomes Division

Practice Lead for Seeking Safety:

Sermed Alkass, Psy.D., TAY Division

Participants:

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| Bethlehem Assefa, JJTAS | Marianna Oganessian, St. Anne's |
| Sandra Aldrete, APCTC | Isis Orozco, Five Acres |
| Michelle Bilotta-Smith, Rio Hondo MH | Monica Ramirez, El Centro De Amistad |
| Lindsey Bogan, Hathaway-Sycamores Child & Family Svcs | Ellen Rogelberg, The Help Group |
| Fredrick Chaplin-Durrie, Tarzana Treatment Centers | Frank Sabado, Trinity Youth Services |
| Terri Decker-Chanler, Amanecer | Elizabeth Schimpff, The Help Group |
| Jeff Detar, Tarzana Treatment Centers | Harry Um, Edelman MHC |
| Bruce Gaines, SFMHC | Scott Van Sleeuwen, Penny Lane Centers |
| Marcie Gibbs, Downtown MHC | Jenna Walters, LACGC |
| Andria Bibler, Uplift Family Services | Ava Williams, Aviva Family and Children Svcs |
| Hannah Bobrosky, New Direction Inc. | Linnea Fuchs, Exceptional Children's Foundation |
| Zerri Gross, D'Veal Family & Youth Svcs | Kalani Makanui, Didi Hirsch MHS |
| Amanda Hirschberg, Penny Lane | Nancy Uberto, D'Veal Family & Youth Services |
| Travis Joe, Bayfront Youth & Family Svcs | Suzanne Markey, LAUSD |
| Jennifer Karpman, Hathaway-Sycamores Child & Family Svcs | Lori Bauer, Child & Family Center |
| Theresa Kjeldgaard, SFVCMHC | Alex Silva, MHSA Implementation and Outcomes Division |
| Jill Landefeld, Aviva Family and Children Svcs | Ivy Levin, MHSA Implementation and Outcomes Division |
| Zachary Magee, Bayfront Youth & Family Svcs | |

- I. Welcome and Introductions
- II. Review of Reports
 - Individual provider reports

J. Cornell provided a detailed presentation of the updated individual reports that were in attendee's data packets. Reports reviewed included Compliance Stats and Questionnaire Stats Reports and a new Matched Pair Report. In brief, the Compliance Stats Report now includes completion and dropout rates and the Questionnaire Stats Report includes a percent change from pre to post based on completed treatment cycles with matched pairs. The Matched Pair Summary Report is based on outcomes data collected for the current and the last two fiscal years. It provides a matched pair percentage for outcome measures that have a minimum of five matched pairs. A. Silva reported that



the countywide matched pair benchmark for all outcome measures is 70%. J. Cornell went on to provide the formula used to calculate the matched pair percentage.

III. Updates

A. Silva reviewed the QA bulletin and memo that was distributed related to claiming outcomes and answered all related questions.

S. Alkass informed participants of the Departments intention to roll out more Seeking Safety training in the future; however, no dates were announced. He did announce that "ECO" was putting out a Seeking safety training that was scheduled for 6/21/17. The price of the training is \$215 which includes the Seeking Safety manual. In addition, he announced that there was an upcoming EBP symposium being held at the Long Beach Renaissance Hotel on April 3rd and 4th. This symposium is being hosted by LACDMH and CIBHS. Contract providers were directed to the CIBHS website to register.

IV. Networking

- Theme based break-out groups:
 - Documentation
 - Clinical utility of outcomes
 - Sustainability, e.g., Seeking Safety supervision, implementation strategies, etc.
 - Child/TAY
 - Adult/Older Adult
 - Engagement and Orientation, e.g., Strategies to orient clients and build commitment
 - Screening and Assessment
 - Treatment completion and termination
 - Suggestions?
- Larger group discussion with open forum

Participants broke into four theme based break-out groups (Clinical utility of outcomes; Child/TAY; Adult/Older Adult; Sustainability) and met for about 25 minutes. In larger group discussion with open forum, a participant from each group shared the main themes the breakout group discussed.

Clinical utility of outcomes-challenges obtaining outcomes and strategies used to address those challenges; different outcomes administration/scoring/interpretation practices among agencies represented at the meeting; clinical utility of discussing outcomes with clients.

Child/TAY-strategies that help adolescents buy-in and engage in treatment that included adapting Seeking Safety language to meet younger clients' level of development, giving clients sense of ownership of treatment by allowing them to choose topics.

Adult/Older Adult- Difference between agencies in how clients tend to respond to group vs individual treatment with one participant reporting clients at their agency tend to prefer group and two participants reporting the opposite; sustaining the practice by providing services in community settings.

Sustainability-Providing services in community settings to maintain a consistent client base...one participant shared about the Seeking Safety services the agency provides in a battered women's shelter...a couple participants shared how Seeking Safety groups were being conducted in schools.

V. Next PPLN Meeting

- We invite provider presentations
- Future agenda items?

Please email proposed future agenda items to: PEIOutcomes@dmh.lacounty.gov.

Date/Time/location of next meeting TBD