

**COUNTY OF LOS ANGELES – DEPARTMENT OF MENTAL HEALTH
ADULT SYSTEM OF CARE – MHSA IMPLEMENTATION AND OUTCOMES DIVISION**



WELLNESS · RECOVERY · RESILIENCE

**Prevention & Early Intervention: Seeking Safety
Countywide Aggregate Practice Outcomes Dashboard Report
Outcome Data Submission through June 29, 2017**

Participating Legal Entities Include:

ALCOTT CENTER FOR MENTAL HEALTH SER	HELPLINE YOUTH COUNSELING INC	TARZANA TREATMENT CENTERS INC
ALMA FAMILY SERVICES	HERITAGE CLINIC AND CAPS	TELECARE CORPORATION
AMANECER COMMUNITY COUNSELING SRVC	HILLSIDES	TESSIE CLEVELAND COMM SRVC CORP
ASIAN AMERICAN DRUG ABUSE PROGRAM	HILLVIEW MENTAL HEALTH CENTER INC	THE GUIDANCE CENTER
BARBOUR AND FLOYD MEDCL ASSOCIATES	IMCES INC	THE HELP GROUP CHILD AND FAMILY CTR
BAYFRONT YOUTH AND FAMILY SERVICES	INS FOR THE REDESIGN OF LEARNING	THE VILLAGE FAMILY SERVICES
BIENVENIDOS CHILDRENS CENTER INC	JEWISH FAMILY SERVICE OF LOSANGELES	TOBINWORLD
BRIDGES INC	KEDREN COMMUNITY MENTAL HEALTH CTR	TRINITY YOUTH SERVICES
CA HISPANIC COMMISSION A D ABUSE	KOREAN AMERICAN FAMILY SRV CTR	UNITED AMERICAN INDIAN INVOLVEMENT
CHILD AND FAMILY CENTER	LOS ANGELES CHILD GUIDANCE	UNIVERSITY OF SOUTHERN CALIFORNIA
CHILD AND FAMILY GUIDANCE CENTER	LOS ANGELES UNIFIED SCHOOL DISTRICT	UPLIFT FAMILY SERVICES
CHILDRENS CENTER OF ANTELOPE VALLEY	MARYVALE	VENICE FAMILY CLINIC
CHILDRENS HOSPITAL OF LOS ANGELES	MCKINLEY CHILDRENS CENTER	VIP COMMUNITY MENTAL HEALTH CTR INC
CHILDRENS INSTITUTE INC	MENTAL HEALTH AMERICA OF LA	L.A. COUNTY DMH
COUNSELING N RESRCH ASC DBA MASADA	NEW DIRECTIONS INCORPORATED	AMERICAN INDIAN COUNSELING CTR
COUNSELING4KIDS	OLIVE CREST	ANTELOPE VALLEY MHC
CRITTENTON SERV FOR CHILD AND FAMIL	OPTIMIST BOYS HOME AND RANCH INC	ARCADIA MHS
DAVID AND MARGARET HOME INC	PACIFIC ASIAN COUN SVS	AUGUSTUS F HAWKINS FAMILY MHS
DIDI HIRSCH PSYCHIATRIC SERVICE	PACIFIC CLINICS	COASTAL API FAMILY MHC
DIGNITY HEALTH DBA CAL HOSP MED CTR	Pacific Lodge Youth Services	COMPTON FAMILY MHS
Drew Child Development Corporation	PASADENA UNIFIED SCHOOL DISTRICT	DMH AT HARBOR-UCLA MEDICAL CTR
DVEAL FAMILY AND YOUTH SERVICES	PATHWAYS COMMUNITY SERVICES LLC	DMHC PEI PROGRAM
EGGLESTON YOUTH CENTERS INC	PENNY LANE CENTERS	DOWNTOWN MENTAL HEALTH CENTER
EISNER PEDIATRIC FAMILY CTR	PHOENIX HOUSE OF LOS ANGELES INC	EDMUND D. EDELMAN WESTSIDE MHC
EL CENTRO DE AMISTAD INC	PROTOTYPES	HOLLYWOOD MENTAL HEALTH CENTER
EL CENTRO DEL PUEBLO INC	PROVIDENCE SAINT JOHNS HLTH CTR	JUV JUS TRANSITION AFTERCARE SVCS
ENKI HEALTH AND RESEARCH SYSTEMS I	ROSEMARY CHILDRENS SERVICES	LONG BEACH API FAMILY MHC
ETTIE LEE HOMES, INC.	SAN FERNANDO VALLEY COMMUNITY MHC	LONG BEACH CHILD ADOLESCENT CLINIC
EXCEPTIONAL CHILDRENS FOUNDATION	SHIELDS FOR FAMILIES	LONG BEACH MHS ADULT CLINIC
FIVE ACRES	SOCIAL MODEL RECOVERY SYSTEMS	NORTHEAST MENTAL HEALTH CENTER
FOOTHILL FAMILY SERVICE	SOUTHERN CA HEALTH AND REHAB PROG	RIO HONDO COMMUNITY MHC
FOR THE CHILD INC	SPECIAL SERVICE FOR GROUPS	SAN FERNANDO MENTAL HEALTH CENTER
GATEWAYS HOSPITAL AND MENTAL HEALTH	SPIRITT FAMILY SERVICES	SAN PEDRO MENTAL HEALTH CENTER
HAMBURGER HOME DBA AVIVA CENTER	St Annes	SOUTH BAY MHS
HATHAWAY SYCAMORES CHILD FAM SRVCS	ST JOSEPH CENTER	TIES FOR FAMILIES
HAYNES FAMILY OF PROGRAMS	STIRLING ACADEMY INC	WEST CENTRAL FAMILY MHS
HEALTHRIGHT 360	SUNBRIDGE HARBOR VIEW REHAB CTR	

Agencies submitting outcomes that are not approved to provide Seeking Safety by PEI Administration:

ASIAN AMERICAN DRUG ABUSE PROGRAM	UNIVERSITY OF SOUTHERN CALIFORNIA
HEALTHRIGHT 360	VENICE FAMILY CLINIC
KEDREN COMMUNITY MENTAL HEALTH CTR	L.A. COUNTY DMH
KOREAN AMERICAN FAMILY SRV CTR	ANTELOPE VALLEY MHC
LOS ANGELES UNIFIED SCHOOL DISTRICT	HOLLYWOOD MENTAL HEALTH
NEW DIRECTIONS INCORPORATED	DMHC PEI PROGRAM

Table 1. Seeking Safety Status since inception to June 29, 2017

# of Clients Claimed to Practice	# of Clients entered into PEI OMA	# of Tx cycles in PEI OMA	Clients with Multiple Tx Cycles	Clients Completing Tx	Clients Dropping-Out of Tx	Clients Still in Tx
25862	60.86%	16947	6.88%	30.77%	45.75%	23.47%
n=	15740	n=	1083	5214	7753	3978

Note 1: Clients claimed was based on Seeking Safety being selected as the EBP in a PEI Plan and having ≥ 2 core services claimed to the practice.

Note 2: Number of clients Completing Tx or Dropping-Out of Tx was determined by whether the EBP was said to be completed (e.g. answered “yes” or “no”) in the PEI OMA.

Table 2. Client Demographics - Clients Who Entered Seeking Safety

Total Number of Clients	Age	Gender			Ethnicity					Primary Language		
	Average	Female	Male	Unknown	African-American	Asian / Pacific Islander	Caucasian	Hispanic / Latino	Other	English	Spanish	Other
15740	22	52.91%	47.04%	0.05%	18.33%	2.12%	11.72%	60.07%	7.76%	74.97%	20.08%	4.95%
n=	8328	7404	8	2885	334	1845	9455	1221	11800	3161	779	

Note1: Age is calculated at the date of the first EBP.

Note2: Percentages may not total 100 due to missing data and/or rounding.

Table 3. Program Process Data - Clients Who Entered Seeking Safety			
Outcome Measures Administered	Pre-Test with Scores	Post-test with Scores	Clients Who Completed both a Pre and Post Measure with Scores
UCLA PTSD-RI-5 Parent	41.32%	15.72%	7.00%
	n= 419	83	71
	Ackn= 1014	528	1014
UCLA PTSD-RI-5 Child/Adolescent	60.74%	25.24%	10.98%
	n= 625	133	113
	Ackn= 1029	527	1029
PTSD Checklist-5 (PCL-5)	74.19%	30.88%	13.04%
	n= 529	105	93
	Ackn= 713	340	713
Youth Outcome Questionnaire - 2.01 (Parent)	47.50%	22.62%	12.41%
	n= 5043	1749	1318
	Ackn= 10617	7732	10617
Youth Outcome Questionnaire – Self Report – 2.0 (YOQ-SR)	74.09%	35.33%	21.03%
	n= 8411	2875	2387
	Ackn= 11352	8137	11352
Outcome Questionnaire - 45.2	77.02%	36.15%	19.23%
	n= 3885	1146	970
	Ackn= 5044	3170	5044

Note 1: Number of acknowledged measures (Ackn=) is determined by the number of required measures that receive a score or an unable to collect reason code.

Note 2: The % indicated for Pre-test with scores, Post-test with scores, and both a Pre and Post-test with scores is calculated by dividing the (n=#) by the number acknowledged (Ackn=#) in the PEI OMA system for each measure. The number acknowledged (Ackn=#) for those with Pre and Post scores is an estimate based on the greatest number of matches that could be expected given the number of Pre scores acknowledged.

UCLA PTSD RI-5 Parent	Total Pre	Parent/care provider unavailable	Therapist did not administer tool	Administration date exceeds acceptable range	Parent/care provider refused	Invalid outcome measure	Other Reasons
	592						
	Percent	37.16%	23.48%	12.16%	7.60%	6.25%	13.34%
	n	220	139	72	45	37	79
	Total Post	Parent/care provider unavailable	Premature termination	Therapist did not administer tool	Lost contact with parent/care provider	Parent/care provider refused	Other Reasons
	440						
Percent	33.41%	24.55%	19.32%	10.68%	4.32%	7.73%	
n	147	108	85	47	19	34	

UCLA PTSD RI-5 Child/Adolescent	Total Pre	Therapist did not administer tool	Administration date exceeds acceptable range	Client refused	Client unavailable	Administered wrong forms	Other Reasons
	398						
	Percent	26.63%	19.35%	19.35%	12.31%	6.53%	15.83%
	n	106	77	77	49	26	63
	Total Post	Premature termination	Client unavailable	Therapist did not administer tool	Lost contact with client	Client refused	Other Reasons
	392						
Percent	29.34%	21.68%	16.58%	13.27%	10.97%	8.16%	
n	115	85	65	52	43	32	

PTSD Checklist-5 (PCL-5)	Total Pre	Therapist did not administer tool	Administration date exceeds acceptable range	Not available in primary language	Client refused	Client unavailable	Other Reasons
	184						
	Percent	23.37%	15.76%	15.22%	11.96%	9.24%	24.46%
	n	43	29	28	22	17	45
	Total Post	Premature termination	Client unavailable	Lost contact with client	Therapist did not administer tool	Client refused	Other Reasons
	235						
Percent	29.79%	22.13%	11.91%	9.79%	9.36%	17.02%	
n	70	52	28	23	22	40	

Table 4d. Top Reasons Given for "Unable to Collect"

Youth Outcome Questionnaire - 2.01 (Parent)	Total Pre 5565	Parent/care provider unavailable	Administration date exceeds acceptable range	Parent/care provider refused	Therapist did not administer tool	Outcome measure unavailable	Other Reasons
	Percent	58.33%	16.55%	6.36%	5.19%	4.33%	9.24%
	n	3246	921	354	289	241	514
	Total Post 5980	Parent/care provider unavailable	Premature termination	Lost contact with parent/care provider	Administration date exceeds acceptable range	Parent/care provider refused	Other Reasons
	Percent	50.23%	21.44%	7.29%	5.55%	5.50%	9.98%
	n	3004	1282	436	332	329	597

Table 4e. Top Reasons Given for "Unable to Collect"

Youth Outcome Questionnaire Self Report – 2.0 (YOQ-SR)	Total Pre 2936	Administration date exceeds acceptable range	Client refused	Client unavailable	Outcome measure unavailable	Therapist did not administer tool	Other Reasons
	Percent	33.24%	21.36%	12.53%	9.40%	8.07%	15.40%
	n	976	627	368	276	237	452
	Total Post 5257	Premature termination	Client unavailable	Client refused	Lost contact with client	Administration date exceeds acceptable range	Other Reasons
	Percent	30.53%	29.12%	11.13%	11.07%	7.55%	10.60%
	n	1605	1531	585	582	397	557

Table 4f. Top Reasons Given for "Unable to Collect"

Outcome Questionnaire – 45.2	Total Pre 1158	Administration date exceeds acceptable range	Outcome measure unavailable	Not available in primary language	Client refused	Client unavailable	Other Reasons
	Percent	19.26%	17.44%	11.66%	11.57%	11.31%	28.76%
	n	223	202	135	134	131	333
	Total Post 2021	Client unavailable	Premature termination	Lost contact with client	Client refused	Therapist did not administer tool	Other Reasons
	Percent	27.81%	22.56%	19.30%	11.43%	4.95%	13.95%
	n	562	456	390	231	100	282

Table 5. Service Delivery Data – Clients Who Completed Seeking Safety						
Total Treatment Cycles 5214	Average Length of Treatment in Weeks	Range of Treatment Weeks		Average Number of Sessions	Range of Sessions	
	34	Min 0	Max 260	35	Min 1	Max 745

Table 6. Outcome Data* – Clients who Completed Seeking Safety					
		Percent Improvement from Pre to Post	Percent of Clients Showing Reliable Change* from Pre-SS to Post-SS		
			Positive Change	No change	Negative Change
UCLA PTSD-RI-5 Parent	TOTAL	49.13% (n=49)	42.86%	51.02%	6.12%
			21	25	3
UCLA PTSD-RI-5 Child/Adolescent	TOTAL	38.69% (n=79)	51.90%	35.44%	12.66%
			41	28	10
PTSD Checklist-5-(PCL-5)	TOTAL	61.51% (n=77)	64.94%	31.17%	3.90%
			50	24	3
Youth Outcome Questionnaire (YOQ) - 2.01 (Parent)	TOTAL	35.19% (n=918)	56.32%	32.46%	11.22%
			517	298	103
Youth Outcome Questionnaire - Self Report - 2.0 (YOQ-SR)	TOTAL	32.47% (n=1830)	44.15%	45.85%	10.00%
			808	839	183
Outcome Questionnaire – 45.2	TOTAL	32.37% (n=805)	55.40%	40.12%	4.47%
			446	323	36

*Please see Appendix A. for a description of the Seeking Safety outcome measures and the outcome indicators (percent improvement in average scores; and, percent of clients showing reliable change).

Note1: Possible PTSD RI-5 range from 0-68, with a clinical cutpoint of 35.

Note2: Possible YOQ Total Scores range from -16-240, with a clinical cutpoint of 46.

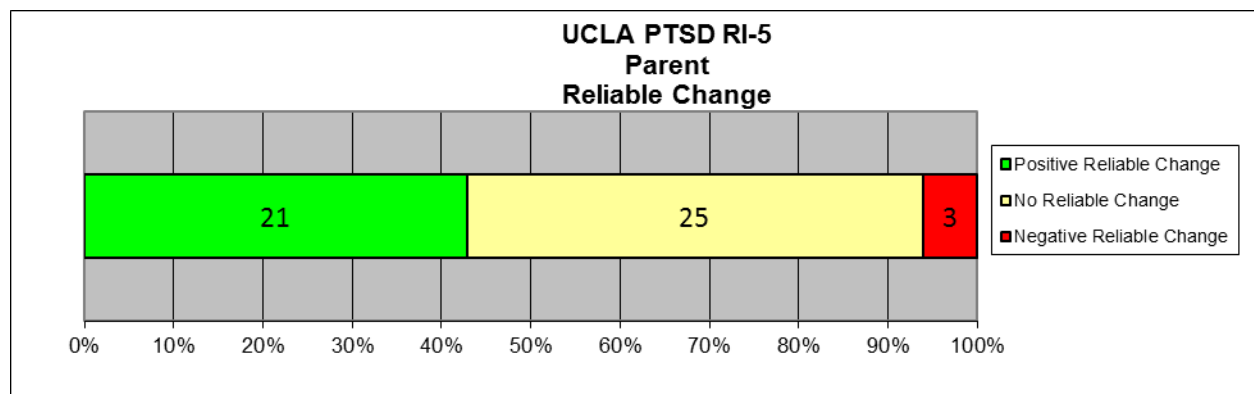
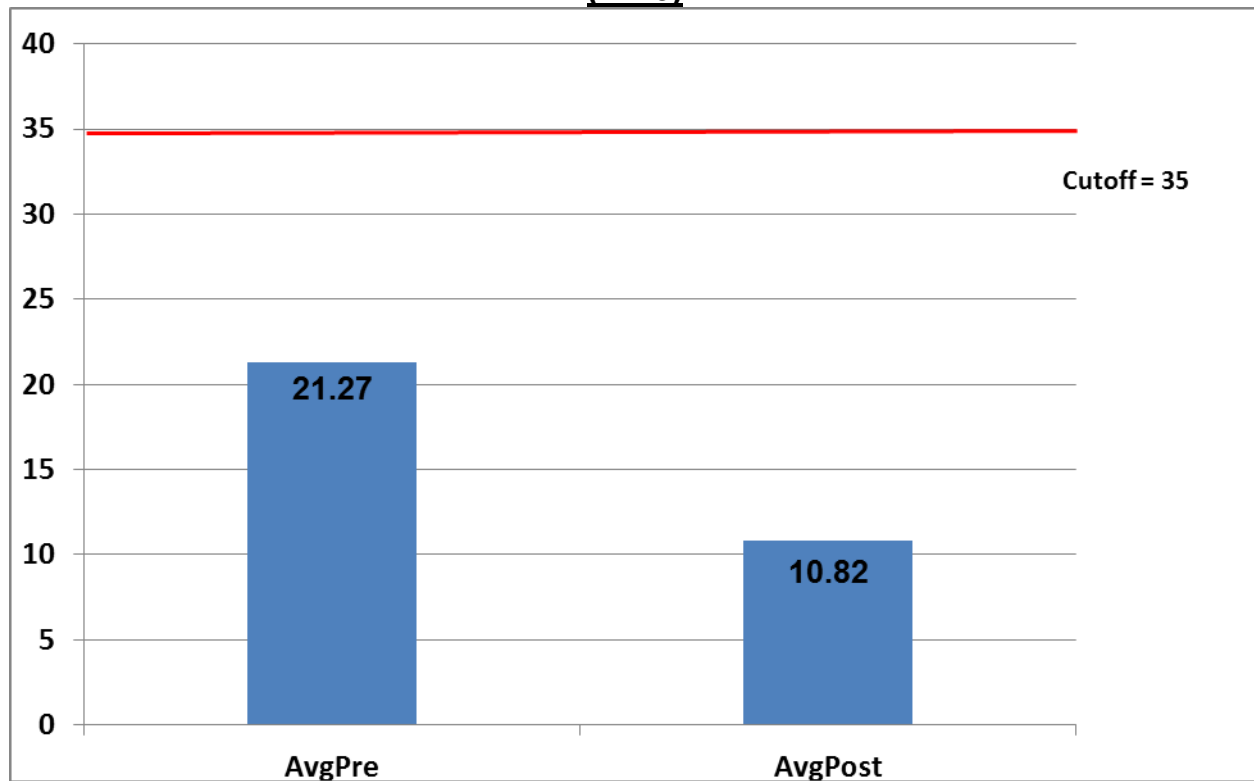
Note3: Possible YOQ-SR Total Scores range from -16-240, with a clinical cutpoint of 47.

Note4: Possible OQ Total Scores range from 0-180, with a clinical cutpoint of 64.

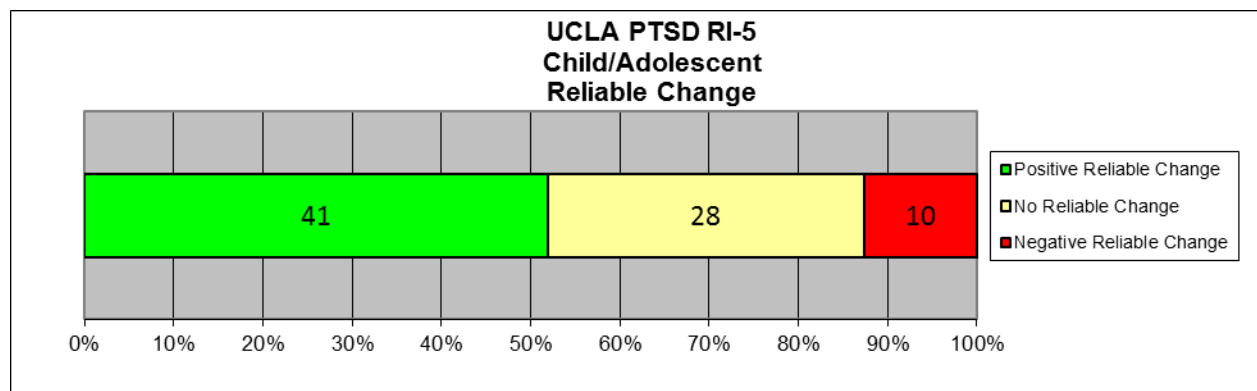
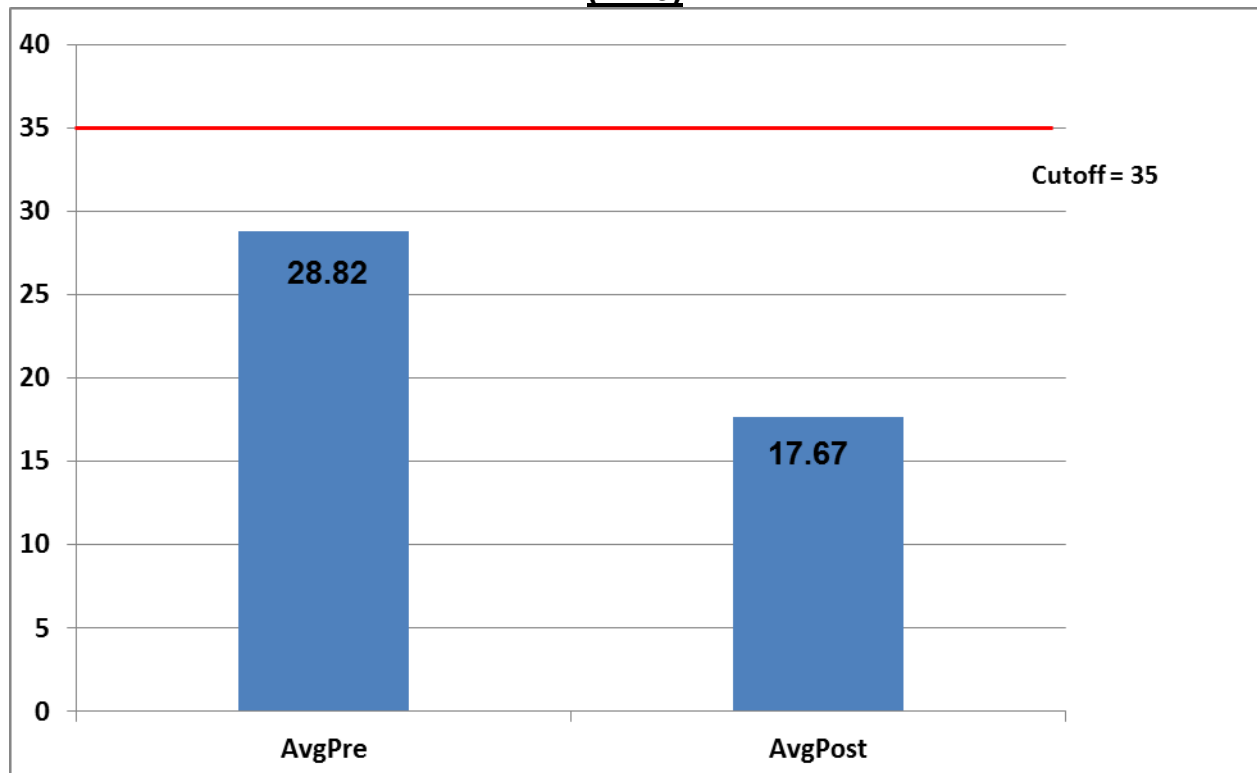
Note5: Positive Change indicates that the scores decreased from the pre to the post measures.

UCLA PTSD RI-5

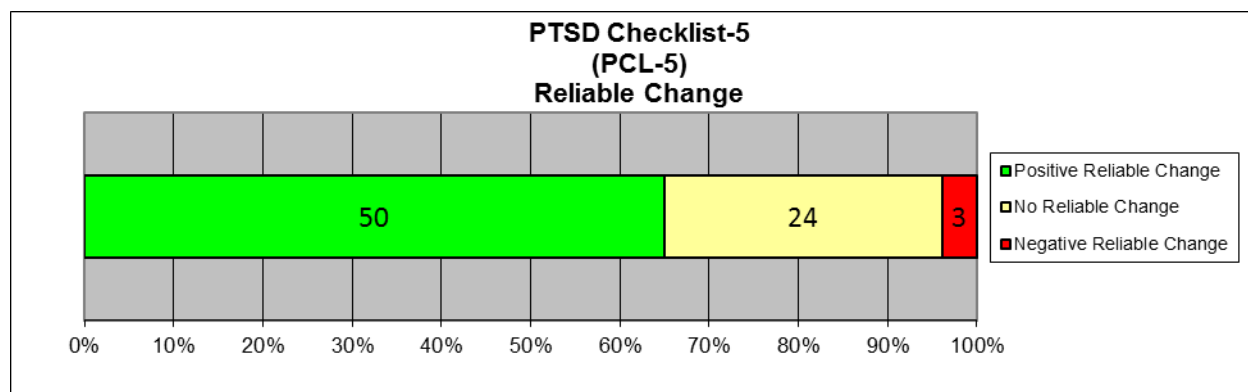
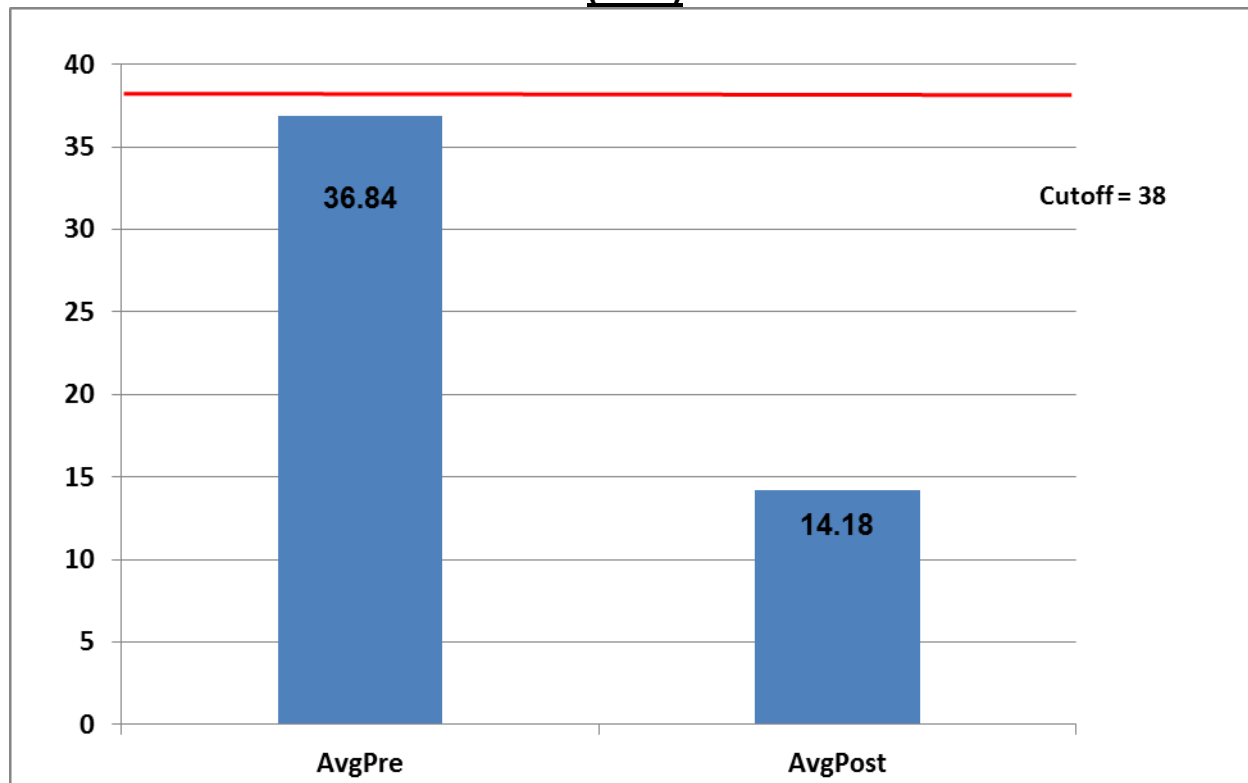
Parent
(n=49)



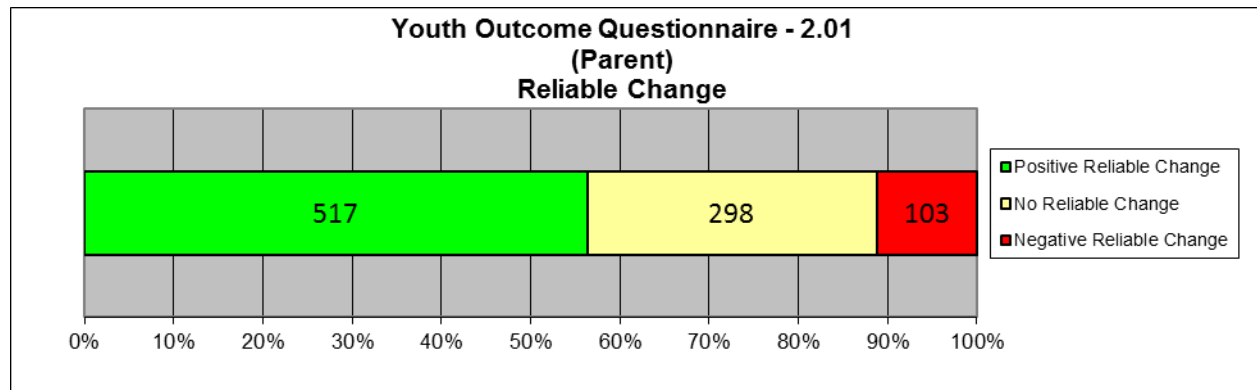
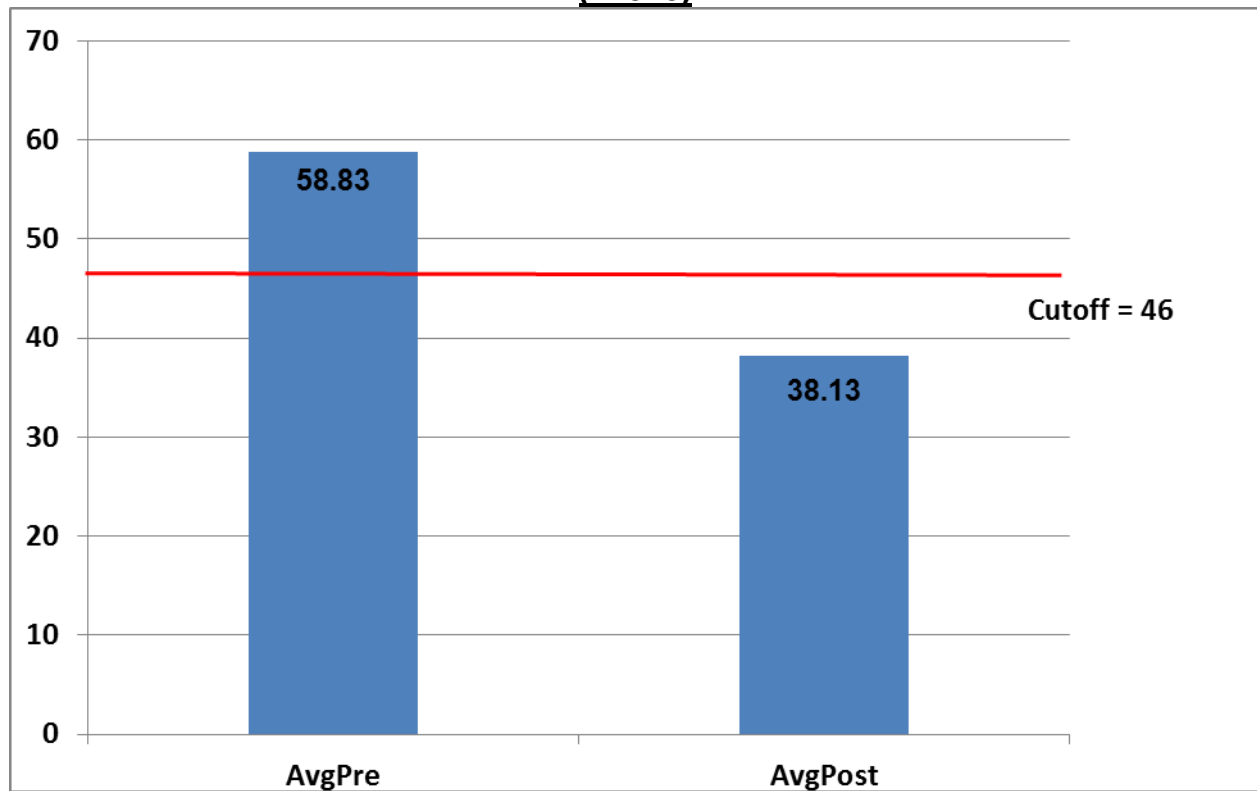
**UCLA PTSD RI-5
Child/Adolescent
(n=79)**



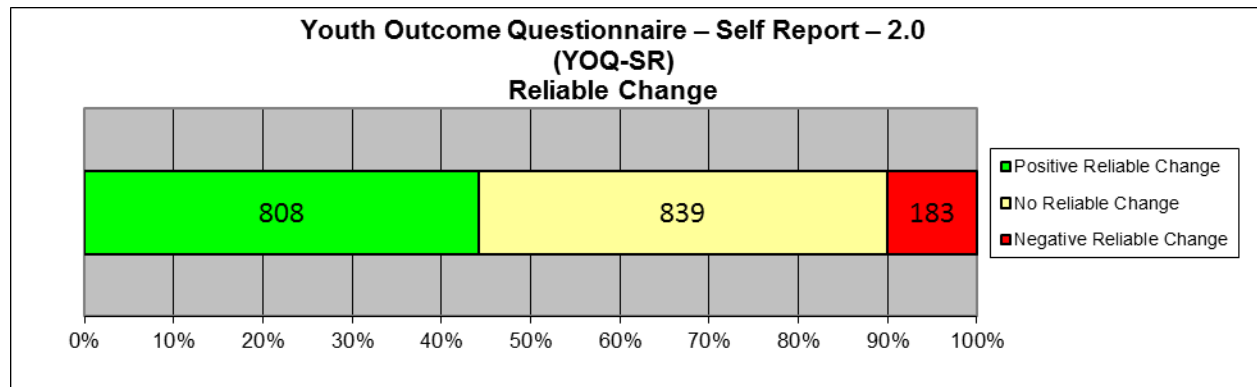
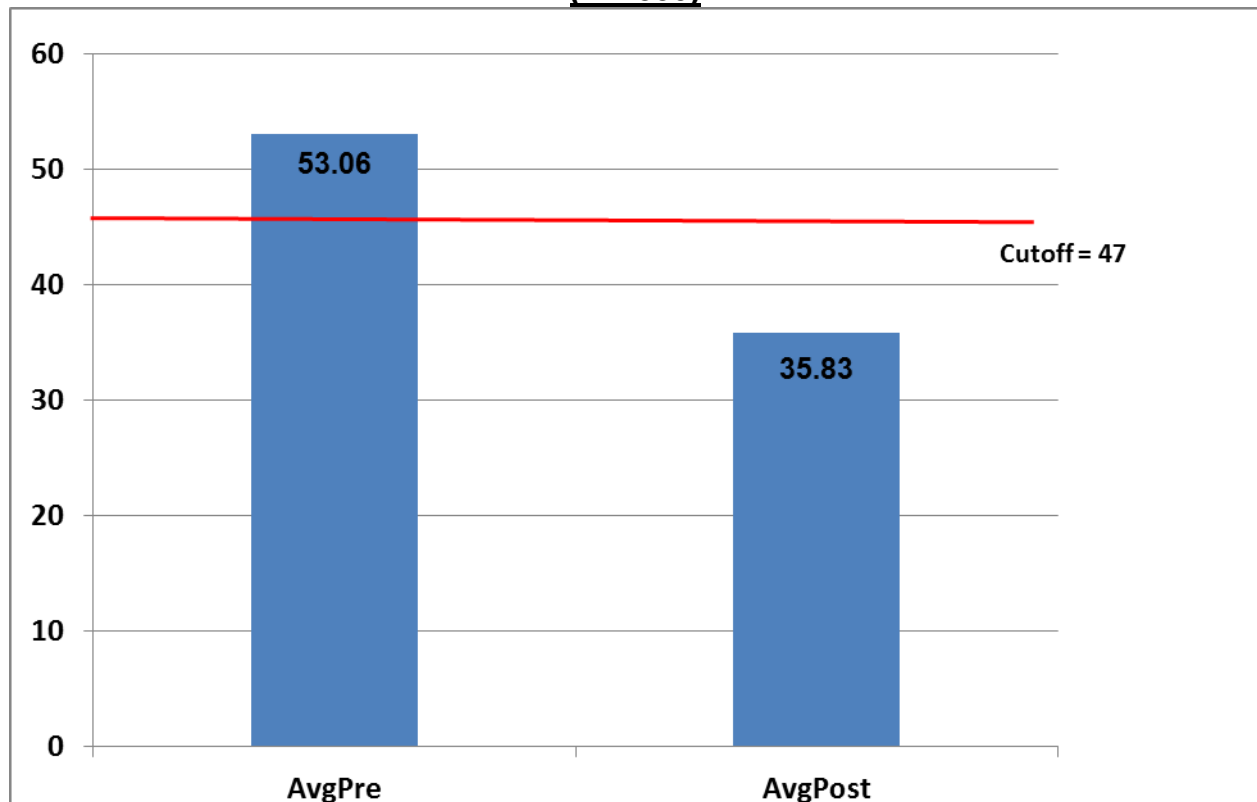
**PTSD Checklist
(PCL-5)
(n=77)**



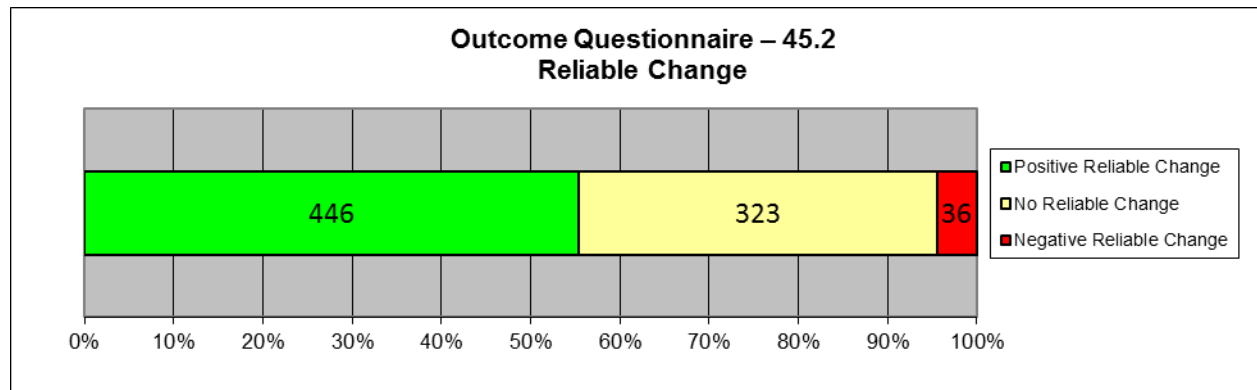
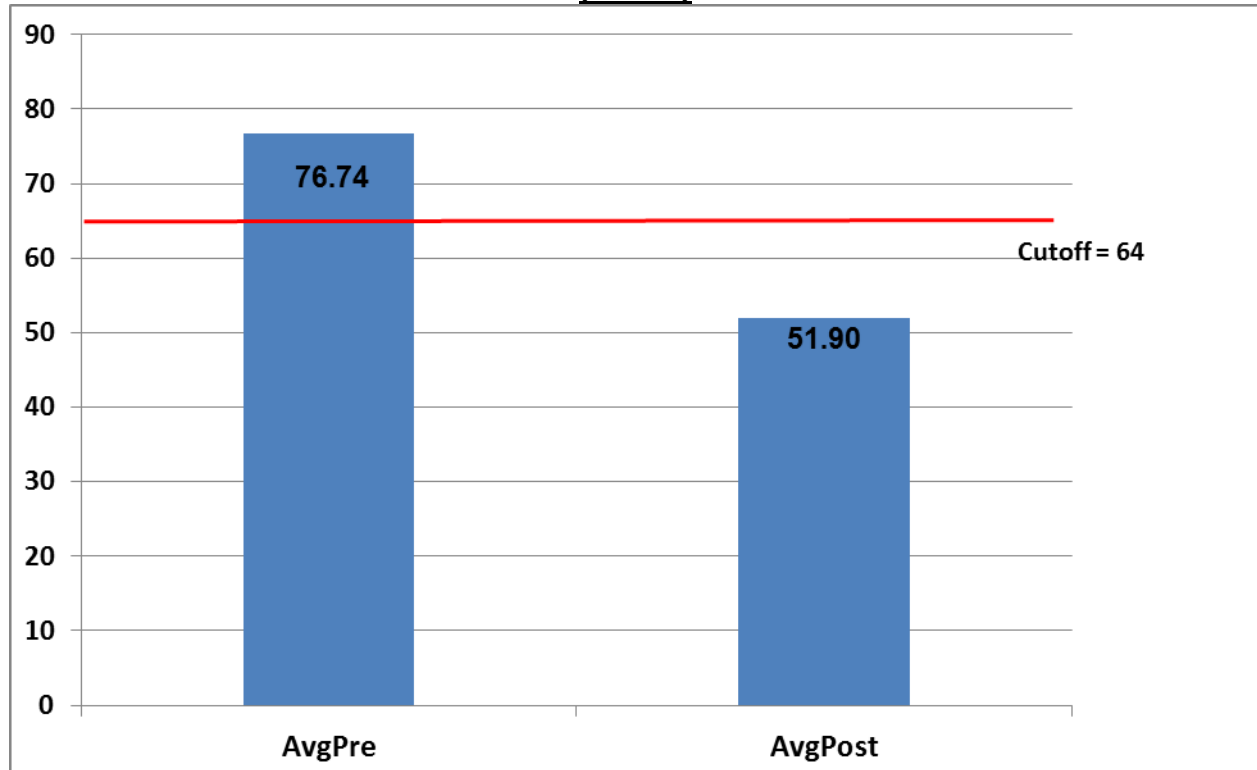
Youth Outcome Questionnaire (YOQ) – 2.01
(Parent)
(n=918)



**Youth Outcome Questionnaire – Self Report – 2.0
(YOQ-SR)
(n=1830)**



Outcome Questionnaire - 45.2
(n=805)



Appendix

Youth Outcomes Questionnaires (YOQ and YOQ-SR)

The Youth Outcome Questionnaire is a 64-item parent-report that assesses global distress in a child's/adolescent's life from 4-17 years of age. The YOQ-SR is the Self-report version of the YOQ and is completed by the child/adolescent. Total scores on both measures can range from -16 to 240. Total scores of 46 or higher are most similar to a clinical population on the YOQ. A total score of 47 is most similar to that of a clinical population on the YOQ-SR.

Outcomes Questionnaires (OQ)

The Outcome Questionnaire is a 45-item self-report that assesses global distress in a client's life from ages 19 and older. Total Scores on this measure can range from 0 to 180, with scores of 64 or higher indicating clinical significance.

Post-Traumatic Stress Disorder Reaction Index (PTSD RI-5)

The UCLA Post-Traumatic Stress Disorder Reaction Index (PTSD RI-5) is a brief (31-item) assessment that measures the frequency of occurrence of post-traumatic stress disorder symptoms during the month prior to the assessment. The Child/Adolescent Version is appropriate for clients age 7-18. The Parent Version is appropriate for child clients also aged 7-18.

Posttraumatic Stress Disorder Checklist (PCL-5)

The PCL-5 is a brief (20-item) measure of the frequency of PTSD symptoms. It was developed by the Veterans Administration and is geared to the new DSM-5. It is appropriate for adults age 19 and older.

Possible Total PTSD Severity Scores range from 0-68; and scores of 38 or higher have the greatest sensitivity and specificity for detecting PTSD.

Reliable Change Index (RCI)

When comparing Pre and Post scores, it is very helpful to know whether the change reported represents the real effects of the treatment or errors in the system of measurement. The Reliability of Change Index (RCI) is a statistical way of helping to insure that the change recorded between pre and post assessments exceeds that which would be expected on the basis of measurement error alone. The RCI has been calculated using the Jacobson and Truax (1991) method and indicates when change exceeds that which would be expected on the basis of error at the $p < .05$ probability level. For a more in-depth discussion of Reliability of Change see Jacobson, N. S., & Truax, P. (1991). Clinical Significance: A statistical approach to defining meaningful change in psychotherapy research. *Journal of Consulting and Clinical Psychology*, 59, 12-19. Also see Wise, E. A. (2004). Methods for analyzing psychotherapy outcomes: A review of clinical significance, reliable change, and recommendations for future directions. *Journal of Personality Assessment*, 82(1), 50-59.

The number and percent of clients experiencing positive change, no change and negative change are recorded in table 7. Healthful change in each of the measures cited here means that scores have decreased in value from pre to post test administrations (i.e. recorded a negative change on the RCI). To help avoid confusion, healthful reliable change is presented as positive while unhealthful reliable change is presented as negative change.

The Reliable Change analysis for the PTSD-RI Adult Short-Form used the same Cronbach Alpha score found in the other PTSD-RI versions.