COUNTY OF LOS ANGELES – DEPARTMENT OF MENTAL HEALTH PROGRAM SUPPORT BUREAU – MHSA IMPLEMENTATION AND OUTCOMES DIVISION





Prevention & Early Intervention: Incredible Years Countywide Aggregate Practice Outcomes Dashboard Report

Outcome Data Submission through March 26, 2014

Participating Legal Entities Include:

| <u> </u> | |
|--|---------------------------------------|
| Child and Family Center | Intercommunity Child Guidance Center |
| Children's Hospital of Los Angeles | San Fernando Valley Child Guidance |
| Children's Institute, Inc. | Special Service for Groups |
| Children's Bureau of Southern California | Star View Adolescent Center, Inc. |
| Community Counseling Services | VIP Mental Health Center, Inc. |
| Drew Child Development Corporation | L.A. COUNTY DMH |
| Foothill Family Services | Long Beach Child & Adolescent Program |
| Hathaway Sycamores Child & Family Services | South Bay Ties For Families |
| Hillsides | |

Agencies submitting outcomes that are not approved to provide IY by PEI Administration:

Center for Integrated Family Health

| Table 1. IY St | Table 1. IY Status Since Inception to March 26, 2013 | | | | | | | | | |
|----------------|--|-----------|----------|------------|-----------|--|--|--|--|--|
| | | | Clients | | | | | | | |
| # of Clients | # of Clients | # of Tx | with | Clients | Clients | | | | | |
| Claimed to | Entered into | Cycles in | Multiple | Completing | Dropping- | | | | | |
| Practice | PEI OMA | PEI OMA | Tx | Tx | Out of Tx | | | | | |
| | | | Cycles | | | | | | | |
| 1963 | 56.39% | 1135 | 2.44% | 43.52% | 23.00% | | | | | |
| n= | 1107 | n= | 27 | 494 | 261 | | | | | |

Note 1: Clients Claimed was based on IY being selected as the EBP in a PEI Plan and having ≥ 1 core services claimed to the practice.

Note 2: Number of clients Completing Tx or Dropping-Out of Tx was determined by whether the EBP was said to be completed (e.g. answered "yes" or "no") in the PEI OMA.

| Table 2. Cl | Table 2. Client Demographics - Clients Who Entered IY | | | | | | | | | | |
|----------------------------------|---|--------|--------|------------------|--------------------------|-----------|-------------------|-------|---------|-----------|-------|
| | Age | Ger | nder | | | Ethnicity | | | Prim | ary Langu | age |
| Total Number of Clients | Average | Female | Male | African-American | Asian / Pacific Islander | Caucasian | Hispanic / Latino | Other | English | Spanish | Other |
| 1107 | 7 | 34.60% | 65.40% | 10.03% | 0.63% | 3.79% | 81.30% | 4.25% | 53.75% | 45.53% | 0.72% |
| | n= | 383 | 724 | 111 | 7 | 42 | 900 | 47 | 595 | 504 | 8 |

Note 1: Age is calculated at the date of the first EBP.

Note 2: Percentages may not total 100 due to rounding and/or missing data.

| Table 3: To | Table 3: Top 5 Most Frequently Reported DSM-IV Primary Axis Diagnosis - Clients Who Entered IY | | | | | | | | | | |
|------------------------------|--|--|-------------------------------------|-------------------------|---|--------|--|--|--|--|--|
| Total Treatment Cycles | Disruptive Behavior Disorder NOS | Attention- Deficit/Hyperactivity Disorder, Combined Type or Hyperactive Impulse Type | Oppositional Defiant Disorder | Anxiety Disorder NOS | Disorder of Infancy, Childhood, or Adolescence NOS | Other* | | | | | |
| 1135 | 27.84% | 18.41% | 7.49% | 6.52% | 5.90% | 33.83% | | | | | |
| n= | 316 | 209 | 85 | 74 | 67 | 384 | | | | | |

| Table 4: Program Process Data - Clients Who Entered IY | | | | | | | |
|--|-------------------------|-----------------------------|---|--|--|--|--|
| Outcome Measures Administered | Pre-Test with Scores | Post-test with Scores | Clients Who Completed both a Pre and Post Measure with Scores | | | | |
| Eyberg Child Behavior Inventory (ECBI) | 74.85% | 56.02% | 29.59% | | | | |
| n= | 759 | 372 | 300 | | | | |
| Ackn= | 1014 | 664 | 1014 | | | | |
| Sutter Eyberg Student Behavior Inventory - Revised (SESBI-R) | 0.71% | 0.60% | 0.00% | | | | |
| n= | 7 | 4 | 0 | | | | |
| Ackn= | 981 | 668 | 981 | | | | |
| Youth Outcome Questionnaire - (YOQ) 2.01 (Parent) | 88.44% | 66.30% | 38.09% | | | | |
| n= | 880 | 425 | 379 | | | | |
| Ackn= | 995 | 641 | 995 | | | | |
| Youth Outcome Questionnaire – Self Report – 2.0 (YOQ-SR) | 0.00% | 4.00% | 0.00% | | | | |
| n= | 0 | 1 | 0 | | | | |
| Ackn= | 32 | 25 | 32 | | | | |

Note 1: Number of acknowledged measures (Ackn=) is determined by the number of required measures that receive a score or an unable to collect reason code.

Note 2: The % indicated for Pre-test with scores, Post-test with scores, and both a Pre- and Post-test with scores is calculated by dividing the (n=#) by the number acknowledged (Ackn=#) in the PEI OMA system for each measure. The number acknowledged (Ackn=#) for those with Pre and Post scores is an estimate based on the greatest number of matches that could be expected given the number of Pre scores acknowledged.

| Table 5a | able 5a. Top Reasons Given for "Unable to Collect" | | | | | | | | | |
|-----------------------|--|-----------------------------------|--|--|--|---|------------------|--|--|--|
| Inventory (ECBI) | Total Pre 255 | Outcome measure unavailable | Administration date exceeds acceptable range | Parent/care provider unavailable | Invalid outcome measure | Not available in primary language | Other Reasons | | | |
| <u> </u> | Percent | 45.88% | 16.86% | 9.80% | 8.24% | 7.45% | 11.76% | | | |
| | n | 117 | 43 | 25 | 21 | 19 | 30 | | | |
| Eyberg Child Behavior | Total Post 292 | Premature termination | Parent/care provider unavailable | Not available in primary language | Administration date exceeds acceptable range | Lost contact with parent/care provider | Other Reasons | | | |
| Eyb | Percent | 39.73% | 19.52% | 9.93% | 6.85% | 6.51% | 17.47% | | | |
| | n | 116 | 57 | 29 | 20 | 19 | 51 | | | |

| Table 5b | able 5b. Top Reasons Given for "Unable to Collect" | | | | | | | | |
|----------------------------------|--|---|------------------------|-----------------------------------|--|--------------------------|------------------|--|--|
| Behavior Inventory - IESBI-R) | Total Pre 974 | Not required (SESBI only) | Teacher unavailable | Outcome measure unavailable | Administration date exceeds acceptable range | Premature termination | Other Reasons | | |
| hav BI- | Percent | 67.04% | 15.40% | 11.70% | 2.36% | 1.23% | 2.26% | | |
| I (7) | n | 653 | 150 | 114 | 23 | 12 | 22 | | |
| Eyberg Studen Revised | Total Post 664 | Not required Premature Teacher (SESBI only) termination unavailable | | Outcome measure unavailable | Administration date exceeds acceptable range | Other Reasons | | | |
| Sutter | Percent | 68.52% | 10.39% | 10.24% | 8.13% | 1.51% | 1.20% | | |
| Suf | n | 455 | 69 | 68 | 54 | 10 | 8 | | |

| Table 5c. | Table 5c. Top Reasons Given for "Unable to Collect" | | | | | | | | | | |
|------------------------------|---|--|--|--|---|-----------------------------------|------------------|--|--|--|--|
| ire - (YOQ) | Total Pre 115 | Administration date exceeds acceptable range | Parent/care provider unavailable | Outcome measure unavailable | Lost contact with parent/care provider | Invalid outcome measure | Other Reasons | | | | |
| Questionnaire . (Parent) | percent | 46.09% | 18.26% | 13.04% | 6.96% | 6.96% | 8.70% | | | | |
| uestion (Parent) | n | 53 | 21 | 15 | 8 | 8 | 10 | | | | |
| Youth Outcome Que 2.01 (P | Total Post 216 | Premature termination | Parent/care provider unavailable | Lost contact with parent/care provider | Administration date exceeds acceptable range | Outcome measure unavailable | Other Reasons | | | | |
| ıth C | percent | 49.54% | 23.61% | 8.80% | 7.41% | 3.24% | 7.41% | | | | |
| You | n | 107 | 51 | 19 | 16 | 7 | 16 | | | | |

| Table 5d. | Table 5d. Top Reasons Given for "Unable to Collect" | | | | | | | | | |
|--------------------------------------|---|-----------------------|-----------------------------------|-----------------------------------|--|--|--|--|--|--|
| Questionnaire - Self 2.0 (YOQ-SR) | Total Pre 32 | Client unavailable | Outcome measure unavailable | Invalid outcome measure | Administration date exceeds acceptable range | | | | | |
| estionnai (YOQ-SR) | Percent | 65.63% | 21.88% | 9.38% | 3.13% | | | | | |
| lest (Y | n | 21 | 7 | 3 | 1 | | | | | |
| Youth Outcome Qu Report - 2.0 | Total Post 24 | Client unavailable | Premature termination | Outcome measure unavailable | Invalid outcome measure | | | | | |
| 护 | Percent | 50.00% | 20.83% | 16.67% | 12.50% | | | | | |
| γο | n | 12 | 5 | 4 | 3 | | | | | |

| Table 6 | Table 6. Service Delivery Data – Clients Who Completed IY | | | | | | | | |
|---------------------------|---|---|-----|-------------------|----------------------------------|----------|----------|--|--|
| Total Treatme Cycle | ent | Average Length of Treatment in Weeks | ` | ge of nt Weeks | Average Number of Sessions | Range of | Sessions | | |
| 494 | | | Min | Max | | Min | Max | | |
| | | 21 | 5 | 80 | 17 | 1 | 57 | | |

Note: Completed IY is defined as having a 'yes' for completion indicated in the PEI OMA.

| Table 7. Outcome Data* – Clients who Completed IY | | | | | | | |
|---|----------------|------------------------|--|--------------|--------------------|--|--|
| | | Percent Improvement | Percent of Clients Showing Reliable Change* from Pre-IY to Post-IY | | | | |
| | | from Pre to Post | Positive Change | No change | Negative Change | | |
| | Intensity | | | | | | |
| Eyberg Child | Raw | 16.39% | 44.17% | 47.35% | 8.48% | | |
| Behavior | Score | (n=283) | 125 | 134 | 24 | | |
| Inventory (ECBI) | Problem Raw | 31.38% | 44.17% | 49.12% | 6.71% | | |
| | Score | (n-283) | 125 | 139 | 19 | | |
| Youth Outcome Questionnaire - | TOTAL | 24.10% | 42.27% | 48.90% | 8.84% | | |
| (YOQ) 2.01 (Parent) | IOIAL | (n=362) | 153 | 177 | 32 | | |

[±]Please see Appendix for a description of the IY outcome measures and the outcome indicators (percent improvement in average scores; and, percent of clients showing reliable change).

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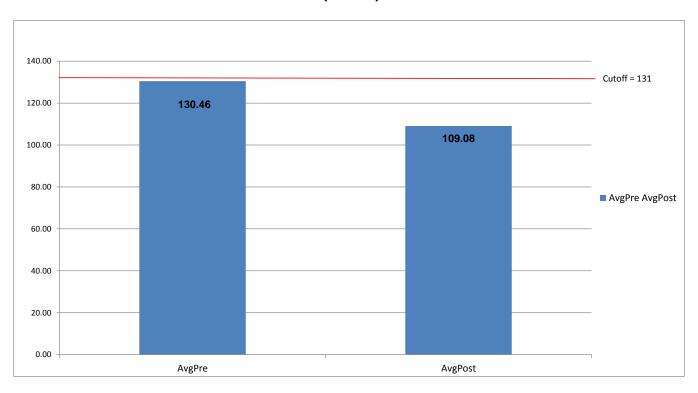
Note 1: Possible ECBI Intensity Raw Scores range from 36-252, with a clinical cutpoint of 131; and possible ECBI Problem Raw Scores range from 0-36, with a clinical cutpoint of 15.

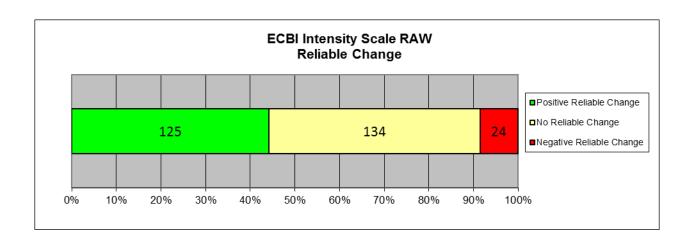
Note 2: Possible YOQ Total Scores range from -16-240, with a clinical cutpoint of 46.

Note 3: Aggregate outcome data based on fewer than 20 matched pairs are not reported.

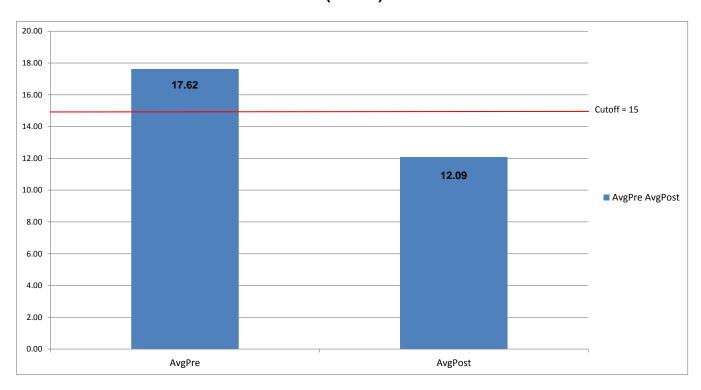
Note 4: Positive Change indicates that the scores decreased from the pre to the post measures.

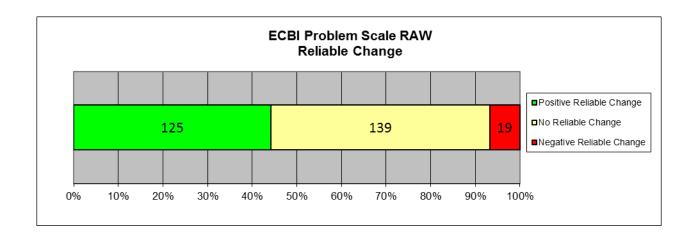
Eyberg Child Behavior Inventory (ECBI) Intensity Raw Score (N=283)



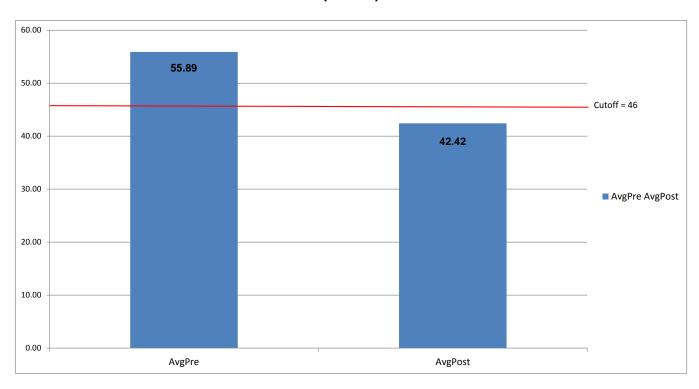


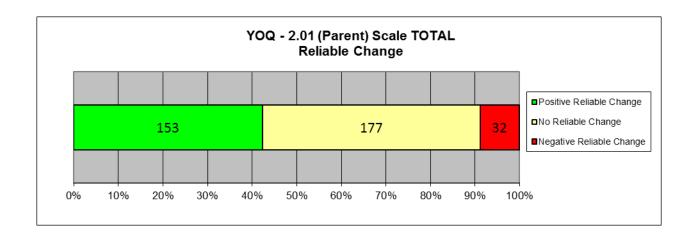
Eyberg Child Behavior Inventory (ECBI) Problem Raw Score (N=283)





Youth Outcome Questionnaire - 2.01 (Parent) (N=362)





Appendix

Eyberg Child Behavior Inventory (ECBI) The Eyberg Child Behavior Inventory is a 36-item parent-report measure that assesses behavioral problems in children from the ages of 2 through 16. Each behavior problem is rated on a 7-point intensity scale and a Yes-No problem scale that indicates whether the child's behavior is a problem for the parent. The ECBI Intensity scale scores can range from 36-252 with a clinical cut point of 131. The ECBI problem scale can range form 0-36 with a clinical cut point of 15.

<u>Sutter-Eyberg Student Behavior Inventory-Revised (SESBI-R)</u> The Sutter-Eyberg Student Behavior Inventory-Revised is a 38-item measure that assesses behavior problems in children from ages 2 through 16. The SESBI is similar in format and content to the ECBI but is designed to be completed by teachers in a school setting. The SESBI Intensity scale scores can range from 38-266 with a clinical cut point of 151. The SESBI problem scale can range form 0-38 with a clinical cut point of 19. The number and percent improvement in ECBI (SESBI) problems and Intensity scales scores from Incredible Years (IY) is reported when available.

Youth Outcomes Questionnaires (YOQ and YOQ-SR) The Youth Outcome Questionnaire is a 64-item parent-report that assesses global distress in a child's/adolescent's life from 4-17 years of age. The YOQ-SR is the Self-report version of the YOQ and is completed by the child/adolescent him or herself. Scores on both measures can range from -16 to 240. Scores of 46 or higher are most similar to a clinical population on the YOQ. A score of 47 is most similar to that of a clinical population on the YOQ-SR.

Reliable Change Index When comparing Pre and Post scores, it is very helpful to know whether the change reported represents the real effects of the treatment or errors in the system of measurement. The Reliability of Change Index (RCI) is a statistical way of helping to insure that the change recorded between pre and post assessments exceeds that which would be expected on the basis of measurement error alone. The RCI has been calculated using the Jacobson and Truax (1991) method and indicates when change exceeds that which would be expected on the basis of error at the p<.05 probability level. For a more in-depth discussion of Reliability of Change see Jacobson, N. S., & Truax. P. (1991). Clinical Significance: A statistical approach to defining meaningful change in psychotherapy research. *Journal of Consulting and Clinical Psychology*, 59, 12-19. Also see Wise, E. A. (2004). Methods for analyzing psychotherapy outcomes: A review of clinical significance, reliable change, and recommendations for future directions. *Journal of Personality Assessment*, 82(1), 50-59.

The number and percent of clients experiencing positive change, no change and negative change are recorded in table 6. Healthful change in each of the measures cited here means that scores have <u>decreased</u> in value from pre to post test administrations (i.e. recorded a negative change on the RCI). To help avoid confusion, healthful reliable change is presented as positive while unhealthful reliable change is presented as negative change.