## COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH

Program Support Bureau-MHSA Implementation & Outcomes Division

#### **SUMMARY FOR:**

Incredible Years (IY) Learning Network April 10, 2014

#### Location:

DMH Headquarters 550 S. Vermont Avenue Los Angeles, CA 90020

#### **Facilitator:**

Frances Pavon-Lara, MPA

#### **Practice Lead:**

Seth Myers, Psy.D

### **Participants:**

Jacqueline Anthony, Alafia MH Institute
Jennifer Campos, MHSA PEI Admin
Dean Coffey, Children's Hospital LA
Sandra Davis, Violence Intervention Program
Shefali D'Sa, Hathaway-Sycamores
George Eckart, MHSA Implementation & Outcomes
Rosalie Finer, MHSA PEI Admin
Joe Garza, Violence Intervention Program
Norma Guerrero-Lewis, SSG / Weber Community Center
Daisy LeBron, Amancer CCS
Lewis Lopez, Children's Institute International

Jessica Maust, Hathaway-Sycamores
Kanisha McReynolds, Amancer CCS
Raphael Montoya, Violence Intervention Program
Melissa Pace, Foothill Family Service
Jessica Pena, Child and Family Guidance Center
Alex Silva, MHSA Implementation & Outcomes
Natasha Simon, Drew Child Development Center
Karyn Smith, Child and Family Guidance Center
Stephanie Spector, MHSA PEI Admin
Daniel Tubbs, Hathaway-Sycamores
Michael Villaescusa, MHSA Implementation & Outcomes

#### I. Updates and Announcements

- IY Trainings
- Action item follow-up and announcement since previous meeting

DMH will not be hosting any future IY Babies trainings. IY Parenting Program-School Age Basic Program training may be obtained through trainer Ceth Ashen, 310-801-3403, <a href="mailto:ceth@cashenconsulting.com">ceth@cashenconsulting.com</a>. IY Parenting Program-Preschool Basics Program training will be available through Children's Hospital of Los Angeles with training dates pending. IY training announcements will be forwarded to IY Learning Network participants by S. Meyers, as they become available. New feature in the PEI section of the OMA Wiki website: PEI Practice Learning Network Aggregate Reports and meeting summaries are now available.

### II. Review of Reports

- Update on progress of data reporting
- Review of available reports
- How is data being shared with clinical staff and clients?
- How is the data being utilized?
- What data/information may be helpful in future meetings?
- Hot tips or new strategies that are being utilized to integrate outcomes into clinical practice

Dr. Eckart highlighted notable data changes and trends utilizing the latest IY Aggregate Report. From Aggregate Report ethnicity data that showed 81% of IY participants are Hispanic, participants discussed possible need for IY materials to be available in Spanish. In "A Closer Look," data presentation, G. Eckart reported a decrease in the average # of sessions in 2013 compared to previous fiscal years as well as a comparison of post-treatment outcomes for two groups of clients: 1) clients with outcome measures pre scores at or above the clinical cut-off and 2) clients with prescores below clinical cut-off.

A participant suggested looking into the efficacy of IY services provided to parents separately from IY services provided to children. A. Silva encouraged clinics to track these services within their clinics and share the results from their analysis.

# III. Open Forum

- IY Training Protocol Questions
- Core vs Non-Core Services
- PEI Outcomes Work Sheets

Participant questions: 1) Can Consultation Day be done by someone else besides the trainer who originally conducted the IY training? Answer, yes. F. Pavon Lara announced there were many free resources available for download on the Incredible Years website, <a href="www.incredibleyears.com">www.incredibleyears.com</a>, such as informational handouts for parents and teachers. Advance model for Dina Dinosaur can also be purchased from the IY website.

- 2) Do you need a Master's Degree to practice Dina Dinosaur? Answer, no. S. Meyers stated that according to the IY developer, a Bachelor level staff can facilitate IY groups. A Master level staff is encouraged but is not required.
- 3) Can prep time for groups be claimed? Answer, no. Dr. Meyers suggested that claiming questions should be brought up in the Service Area QIC (Quality Improvement Committee) meetings. Dr. Meyers indicated he would follow-up and provide more clarification regarding claiming for Plan Development. A. Silva reminded participants that there may be slight differences between what a national IY trainer indicates in their IY trainings and how DMH implements the Incredible Years program within LA County. Dr. Meyers reminded participants that if there are IY claiming questions, it may be helpful to refer back to Medi-Cal claiming guidelines.

PEI Worksheets were highlighted as an aid to facilitate data entry and decrease data entry error into the PEI OMA. PEI Worksheets are available to download on the PEI section of the OMA Wiki website. Suggestion to create an IY Provider List with contact and service area information to assist with referring clients to additional IY resources in the community and reduce wait time to receive services.

Participants discussed the distinction between claiming rehabilitation services and therapy services. Dr. Coffee from CHLA shared their fidelity checklist and folder as a way to monitor model fidelity. Dr. D'Sa indicated that Hathaway-Sycamores is looking into incorporating a "fidelity dashboard" into their EHR system.

#### IV. Next PPLN Meeting

Please email proposed future agenda items to: PEIOutcomes @dmh.lacounty.gov

Date/Time/location of next meeting TBD.