

**COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH**  
Program Support Bureau-MHSA Implementation & Outcomes Division

**SUMMARY FOR:**

Group Cognitive Behavioral Therapy (Group CBT) Learning Network  
May 7, 2014

**Location:**

695 S. Vermont Ave  
15<sup>th</sup> floor large conference room  
Los Angeles, CA 90005

**Facilitator:**

Michael Villaescusa, L.C.S.W, Psychiatric Social Worker II

**Practice Lead:**

Urmi Patel, Psy.D., Supervising Psychologist

**Participants:**

Li-Ting Chao, Long Beach Adult MHC  
Abby Chappall, Edelman MHC  
Joshua Cornell, MHSA Implementation & Outcomes  
Valerie Curtis, MHSA Implementation & Outcomes  
Andreas DiMeo, ASOC Admin  
George Eckart, MHSA Implementation & Outcomes  
Kyra Garland, West Valley MHC  
Linda Lee, Coastal API Family MHC  
Ivy Levin, Long Beach Adult MHC

Jocelyn Morris-Bryant, Edelman MHC  
Trinh Thi Nguyen, San Pedro MHC  
Jorge Ortega, West Valley MHC  
Sharan Namita, ASOC Admin  
Alex Silva, MHSA Implementation & Outcomes  
Lucian Song, Long Beach API MHC  
Toya Swan, West LA Service Areas 5 Admin  
Vania Vilchis-Schauf, Rio Hondo MHC  
Dulce Santoya, West Valley MHC

I. Welcome and Introductions

*Participants introduced themselves.*

II. Updates and Announcements

- Action item follow-up and announcement since previous meeting

*None.*

III. Review of Reports

- Review of available reports
- What information is unexpected
- What data/information may be helpful in future meetings
- Hot tips or new strategies that are being utilized to integrate outcomes into clinical practice



*G. Eckart presented, "A Closer Look," which described the newly included Compliance Stats Report and how it ties into table 1 of the Group CBT Aggregate Report; and presented graphs that showed dropout rates and outcome measure data (OQ Series and PHQ-9) broken down by age group funding source (TAY, Adult, Older Adult) and then by age ranges.*

*G. Eckart provided an overview of the Exception Report.*

*M. Villaescusa stated Detailed Reports were not included in the data packets because they are being revised.*

*U. Patel referred participants to their Group and Ind Rehab claiming from Core Services Reports and encouraged participants to consider reasons the codes were billed since, per the model, the treatment provider must be a clinician, which would necessitate billing therapy codes; participants suggested the Rehab codes are billed in error by staff members who provide meds services.*

*M. Villeascusa stated several agencies' Expenditure Reports showed far less billing to the EBP in the last Quarter of FY 13-14 than the rest of the FY. Participants were encouraged to think of possible causes for the decline; suggestions included, for agencies that switched from the IS to IBHIS, reports not including IBHIS billing and, at some agencies, a drop in appropriate referrals in the last few months w/ a couple of participants suggesting outreach to local VA Hospitals as a possible strategy for increasing referrals.*

#### IV. Open Forum

- Sustainability check-in
- Next stage of Group CBT Learning Network
- Open question & discussion

*U. Patel asked participants to share experiences as Group CBT Clinic Champions; responses included the role being rewarding yet more time consuming than anticipated and the difficulty of having clinicians' time protected when consulting with champions.*

*U. Patel reported a Group CBT booster for clinicians and a Group CBT Booster Champions are scheduled for September. Participants, citing scheduling conflicts, requested trainings be rescheduled for later in the year. U. Patel stated she would look into having the trainings rescheduled and will follow-up with an announcement.*

*U. Patel stated, hopefully, clinicians trained in Ind CBT will soon be allowed to also provide Group CBT services with supplemental training in the Muñoz Group CBT treatment model.*

*M. Villeascusa and U. Patel reported the Group CBT Learning Network will discontinue after today and Ind CBT Learning Network will begin in November. Participants and U. Patel agreed to start an "unofficial" Group CBT Learning Network, scheduled for the hour prior Ind CBT Learning Networks.*

#### V. Next PPLN Meeting

- Individual CBT Learning Network  
November 4, 2014; 10:30am – 12:30pm  
600 S. Commonwealth Ave, 9<sup>th</sup> Floor  
Los Angeles, CA 90005